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CareSouth Carolina, serving your local area since 1980.

2022

SUMMER EDITION

## July is National Minority Mental Health Awareness Month

### NATIONAL MINORITY MENTAL HEALTH AWARENESS MONTH



National Minority Mental Health Awareness Month is observed each July to bring awareness to the unique struggles that racial and ethnic minority communities face regarding mental illness in the United States. The COVID-19 pandemic has made it harder for racial and ethnic minority groups to get access to mental health and substance-use treatment services.

Mental health disorders affect one in four people. Treatments are available, but nearly two-thirds of people with a known mental disorder never seek help from a health professional.

This year's theme, Give Your Community a Boost! focuses on the continued importance of COVID-19 vaccination, including COVID-19 boosters, and sharing credible information as important tools to end the COVID-19 pandemic that has disproportionately affected communities of color.

"Mental Health does not discriminate, no matter their background, culture, ethnicity or identity," said Amy Cook, Director of Behavioral Health for CareSouth Carolina. "According to the National

Alliance on Mental Illness, minority communities face an added level of stigma and discrimination when trying to access Mental Health services." "CareSouth Carolina provides mental health services to ALL our patients," Cook added. "We have a diverse group of Licensed Professionals that provide counseling regardless of culture, background, ethnicity or identity. It is important for us to bring awareness to the unique struggles that racial and ethnic minority communities face regarding mental illness in the United States. CareSouth Carolina focuses on bridging the gaps in mental health services by providing education to those suffering from mental illness, prevention services, and treatment through psychotherapy."



People of color, particularly African Americans, feel the stigma more keenly. In a race-conscious society, some don't want to be perceived as having yet another deficit.

— Bebe Moore Campbell —

AZ QUOTES

# CareSouth Carolina Celebrates the Openings of its Three Newest Locations



*McColl Health & Wellness Center Ribbon Cutting - May 12, 2022*

CareSouth Carolina celebrated three Ribbon Cutting and Open House ceremonies in a span of four weeks!

First, a ceremony was held at the McColl Health & Wellness Center on May 12. Due to the pandemic, we were not able to celebrate in 2020, when we started providing services at the new facility. It was a nice event with many of our community neighbors, friends and most importantly the Love family! The Love Foundation had a dream to build a facility that not only provided medical services, but also include a rehab and community gym. Thanks to the Love Foundation's generosity, that dream became a reality.

Then on June 11, CareSouth Carolina and the South Carolina Department of Health and Environmental Control (DHEC) held a ribbon-cutting ceremony to celebrate their new combined location located at 1016 Old Latta Hwy. in Dillon that opened on May 10.

The 18,640 square-foot facility replaces the previous DHEC County Health Department and CareSouth Carolina locations. The last day of operations at both of those sites was May 4. Guest speakers included Rep. Jackie Hayes, DHEC Director Dr. Edward Simmer, CareSouth Carolina CEO Ann Lewis, DHEC Bureau of Community Nutrition Services Director Berry Kelly, and DHEC Pee Dee Region Public Health Director Jim Bruckner.



*CareSouth Carolina Dillon & DHEC Ribbon Cutting - June 11, 2022*

"We truly appreciate CareSouth Carolina commitment to expanding the provision of primary care and other related health services in Dillon County," Bruckner said. "In this partnership DHEC/Dillon County Health Department has merged its preventive health, immunizations and other specialty clinical services with CareSouth Carolina's programs."



*CareSouth Carolina Chesterfield Ribbon Cutting - June 16, 2022*

Then on June 16, a ceremony was held at the Chesterfield location, which opened its doors on January 12, 2021, but COVID delayed the ceremony.

For more than 15 years, CareSouth Carolina has served the Chesterfield community and the organization opened a 17,000-square-foot state-of-the-art facility illustrating its long-term commitment to the community. The facility more than quadrupled CareSouth Carolina's capacity to provide services to Chesterfield county and its surrounding area. "When we first opened our office in Chesterfield in 2005,

we never dreamed that there would be such community support," CareSouth Carolina CEO Ann Lewis said. "Now, having this beautiful new building with expanded services such as pharmacy, radiology and dental, the future looks exciting and very bright. Soon we will be announcing the availability of a Community Room as an additional resource for Chesterfield needs."

## WE ARE CLOSED ON INDEPENDENCE DAY HAVE A HAPPY 4TH OF JULY!

*All CareSouth Carolina offices  
will be closed on Monday,  
July 4th in observance of  
Independence Day.*



# National Community Health Center Week will be Observed August 7th – 13th

## NATIONAL HEALTH CENTER WEEK



**COMMUNITY HEALTH CENTERS:**  
The Chemistry for Strong Communities

Co Community	Un Unit	CC Community Center	Q Quality	T Teamwork	Ed Education	M Mission
Ad Adaptability	Bi Bioscience	V Values	Ag Agility	I Innovation	C Change	Cm Community
Cp Community Power	Op Open Door	E Empowerment	H Health	W Wellness	S Support	Ph Partnership
						Nu Nurturing
						Ch Change

**AUGUST 7 – AUGUST 13**  
[www.healthcenterweek.org](http://www.healthcenterweek.org)  
#NHCW2022



Hc Health Care	Su Sustainability	O Omnipotence	Pu Power	Sb Sovereignty	Sd Solidarity	Ns Nurturing
Pc Primary Care	B Bioscience	Pb Prevention	Pr Partnership	Pn Participation	Sv Solidarity	Th Teamwork



National Health Center Week is an annual celebration with the goal of raising awareness about the mission and accomplishments of America's health centers over the past five decades.

Community Health Centers serve as the beacon of strength, service, and care in their communities. In moments of pain and loss, they offer support and love. In moments of triumph, they offer hope and a vision for the future. Let's come together that week to celebrate the roles Community Health Centers have played in both our recent moments of loss and triumph. This National Health Center Week honors those front line providers, staff, and beloved patients who lost their lives during the

(ongoing) COVID-19 pandemic. From the very beginning of the crisis, Community Health Centers began finding innovative ways to provide preventative and primary care to their patients.

During that week of remembrance, light a candle for those community health leaders and patients that we lost. As we commemorate those lives and celebrate the future of Community Health, let's shine a light across the country that will embody the future of primary health care for underserved populations. Shine a light on your Community Health Center and share the value that it brings to everyone who it touches.

Did you know health centers provide comprehensive care to 30 million patients at 11,000 service delivery sites in every state and territory in the United States? Health centers save the health care system more than \$24 billion annually in reduced emergency, hospital, and specialty care costs.

## CareSouth Carolina Welcomes Chatonia Smalls to Society Hill Office

CareSouth Carolina welcomes Chatonia Smalls, a Licensed Independent Social Worker and Certified Integrative Mental Health Professional to its Society Hill office.

Smalls specializes in Integrative Mental and Physical Health Care aimed at patients with chronic and complex diseases. It combines conventional and complementary medicine practices and may include chiropractic care, yoga and meditation.

"What lead me to my profession is that as a child I always had a desire to help others," Smalls said. "As I studied and matured, I realized that empowering others to help themselves is more effective and increases the chances of individual maintenance."



**Chatonia Smalls,  
LISW-CP, CIMHP**

"What I love most about what I do is the look on my client's face when they realize that they have made a breakthrough in their care," said Smalls. "More so, that they had the answer within them the entire time. I am very passionate about the inclusion of physical activity and nutrition in self-care. I incorporate this passion by educating our patients when discussing emotional health."

Smalls earned her Bachelor of Social Work from Coker College and a Master of Social Work from the University of South Carolina at Columbia.

Outside of work, Smalls enjoys listening to music, couponing and gardening. "I get lost in the pleasure that they bring, she said. "They are also my favorite coping mechanisms for managing stress."

To make an appointment with Chatonia Smalls, LISW-CP, CIMHP, please call 843-378-4501.

# Services:

Family Practice  
Pediatrics  
Women's Care  
Behavioral Health Counseling  
Lab  
IV Therapy  
Radiology/Ultrasound  
Chiropractic Care  
Dental Care  
Family Support Services  
Substance Abuse Prevention Program  
Infectious Diseases Primary Care  
Senior Support Services  
Community Pharmacy

## Convenient Locations

Bennettville Center  
999 Cheraw Street  
Bennettville, SC 29512  
843.479.2341

Bennettville Pediatric Center  
210 W. Main Street  
Bennettville, SC 29512  
843.479.1200

Bennettville Women's Center  
1076 Marlboro Way, Suite 1  
Bennettville, SC 29512  
843.454.2294

Bishopville Center  
545 Sumter Highway  
Bishopville, SC 29010  
803.484.5317

Bishopville Pediatric Dental  
101 Harris Street  
Bishopville, SC 29010  
866.815.9845

Cheraw Center  
715 S. Doctors Drive Suite E  
Cheraw, SC 29520  
843.537.0961

Chesterfield Center  
204 Perry Wiley Way  
Chesterfield, SC 29709  
843.623.5080

Dillon Center  
1016 Old Latta Highway  
Dillon, SC 29536  
843.774.4337

Hartsville Center  
1268 S. Fourth Street  
Hartsville, SC 29550  
843.332.3422  
843.339.5520 Chiropractic

Lake View Center  
103 N. Kemper Street  
Lake View, SC 29563  
843.759.2189

Latta Center  
122 Latimer Street  
Latta, SC 29565  
843.627.6252

McColl Center  
3080 Highway 15-401 E.  
McColl, SC 29570  
843.523.5751

Society Hill Center  
737 S. Main Street  
Society Hill, SC 29593  
843.378.4501

Public Employee Health  
Services - Marlboro County  
100 Matheson Street  
Bennettville, SC 29512  
843.456.7752

## CSC Community Pharmacy Locations

**HARTSVILLE**  
1280 South Fourth Street  
843.339.5530

**BENNETTSTVILLE**  
999 Cheraw Street  
843.456.7777

**CHERAW**  
715 S. Doctors Drive, Suite A  
843.865.4080

**MCCOLL**  
3080 Highway 15-401 E.  
843.523.6212

**LATTA**  
122 Latimer Street  
843.627.6261

**BISHOPVILLE**  
545 Sumter Highway  
803.588.7960

**SOCIETY HILL**  
737 S. Main Street  
843.378.4148

**CHESTERFIELD**  
204 Perry Wiley Way  
843.927.1030

## Contact

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Hartsville, SC 29551  
Telephone: 843.857.0111  
Fax: 843.857.0150  
Website: [www.caresouth-carolina.com](http://www.caresouth-carolina.com)

## CareSouth Carolina Run2Care 5K Walk/Run to be Held September 17, 2022



Time to dust off those sneakers!

After a two-year hiatus, the Care2Run 5K Run/Walk is back. The 5K will be held on Saturday, September 17, in Hartsville in front of the YMCA. The event begins at 8 a.m. The proceeds benefit

CareFirst Carolina Foundation. The race route will direct runners/walkers through the historic streets of downtown Hartsville. Early registration is \$25 and includes a race T-shirt. The last day for early registration and to receive a T-shirt is August 17th. CareFIRST Carolina is an independent supporting foundation dedicated to financially supporting the mission of CareSouth Carolina. Together, we provide and improve access to health and support services to those who need them most. It is the first regional foundation to focus on improving the access and the quality of primary health care in the Pee Dee region of South Carolina. Anyone interested in participating in the 5K may register online at <http://caresouthcarolinarun2care5k.itsyourrace.com>. For more information about "Run2Care," contact Amanda Adelman at 843-307-1466.

## CareSouth Carolina Drive-Thru Back to School Bash, Saturday, July 30, 2022



CareSouth Carolina will host a Back to School Drive-Thru on Saturday, July 30, from 10 a.m. until noon to hand out free back to school supplies to the first 300 school age children (while supplies last) at the Dillon

Wellness Center, located at 1647 Commerce Drive, Dillon, SC

A parent or guardian must have the child in the vehicle to receive the supplies.

## SUMMER DENTAL DAYS

### DENTAL DAYS



CareSouth Carolina Dental will host Dental Days this summer in Dillon, Chesterfield and McColl.

Procedures offered:

- Exams
- Cleanings
- Fillings
- Extractions

Children and Adults are welcome. Appointments are suggested, but walk-ins are welcome.

- Dillon - 1016 Old Latta Highway - July 1 to August 12 - 8:30AM to 4:00PM
- Chesterfield - 204 Perry Wiley Way - July 1 to August 12 - 8:30AM to 4:00PM
- McColl\* - 3080 Hwy 15-401 E - July 5 to July 15 - 8:30AM to 5:00PM

If you have any questions or would like to make an appointment, please call 843-378.3000.

\*McColl Dental Days: Must be a resident of McColl, Clio, Tatum or Blenheim.