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2023

SPRING EDITION

CareSouth Carolina, through CareFusion, offers world-class IV Therapy Program



Jennifer Lynch, FNP-C, administers an infusion to a patient.

CareSouth Carolina offers a convenient and world-class IV Therapy program, titled CareFusion, at its Hartsville office.

CareSouth Carolina's CareFusion program, located in Suite B at the CSC Hartsville office (1268 S. Fourth Street), offers IV infusions for several conditions with the goal of giving patients a higher level of care without having to be in the hospital.

CareSouth Carolina Provider Jennifer Lynch, FNP-C, oversees the treatment given to patients through the program. Employed by CareSouth Carolina since July of 2015, she is a well-known provider who has demonstrated her passion to go above and beyond to help her patients. She has also been voted the Best Family Nurse Practitioner in the Pee Dee by the Florence Morning News.

"We feel like this more than a doctor's office, this is a patient's healthcare home," Lynch said. "We want our patients to be comfortable while receiving this treatment and become a part of our CareFusion family. We are able to get them appointments very quickly, which in turn, helps them get their medication quickly."

IV Infusion can be used to treat an array of conditions, including Multiple Sclerosis, Rheumatoid Arthritis, Crohn's Disease, Osteoporosis, hypoglycemia, Anemia, and many more. CareSouth Carolina's IV infusion team administers Remdesivir to help fight the symptoms of COVID-19. Patients can also pay by cash for Vitamin and Mineral infusions that help to boost their immune system, help with weight loss, and much more.

IV Infusions aren't just for CareSouth Carolina patients. Anyone can have their specialist send Lynch's team their information, and the team will get all prior authorizations needed to enroll the patient in the program with a very quick turnaround.

For more information on the CareFusion program or to get details on how you can receive treatment, please call them at 843-758-0044. The CareFusion Team is happy to answer any questions you might have and can get appointments scheduled quickly so that your treatment can begin in a timely fashion.



CareSouth Carolina CareFusion Department

CareSouth Carolina's Healthy Kids Project created to advocate for the community

CareSouth Carolina's Community Outreach Team is working hard to ensure that community members are properly re-enrolled in Medicaid. One of these ways is through the Healthy Kids Project initiative.

CareSouth Carolina was awarded a grant from The Centers for Medicare & Medicaid Services (CMS) to help enroll and renew Medicaid coverage for kids, parents, pregnant individuals, and non-English speaking individuals.

Through the Healthy Kids Project, CareSouth Carolina has hosted community events, marketed in targeted areas, and looked to eliminate transportation barriers to patients who may not be able to get help otherwise.



Ashley Ford, Director of the Healthy Kids Project, said that CareSouth Carolina understands that the Medicaid enrollment and re-enrollment process can be confusing. That's why the organization will be with you and take care of all aspects from start to finish.

You don't need to be a CareSouth Carolina patient to receive these services, either.

"If in doubt, just give us a call," Ford said. "Don't scramble your brain to try and figure it out. We'll be able to walk you through the entire process. Let us do the leg-work for you. Going to the local Medicaid office can be stressful, but we can do all of that for you, if you'll let us assist you. It doesn't cost you a thing."

CareSouth Carolina is also offering incentives for those who complete their application. For more information or help with Medicaid re-enrollment, please call 1-866-498-0399 and a CareSouth Carolina representative will be happy to help.



May is a special month that is recognized worldwide as Mental Health Awareness Month, a time when we focus on the importance of mental health and the role it plays in our lives.

One of the goals of Mental Health Awareness Month is to raise awareness about the different types of mental health conditions and the impact they can have on a person's life. Mental health conditions are not uncommon, and they can affect anyone regardless of age, gender, ethnicity, or background. Some of the most common mental health conditions include anxiety disorders, depression, bipolar disorder, schizophrenia, and eating disorders.

CareSouth Carolina is home to a nationally recognized Integrated Behavioral Health program, where patients receive quality care by some of the best, most caring professionals in the field of mental health. At least one licensed behavioral health counselor is co-located at each of our medical centers where we provide:

- Mental Health Counseling services to individuals and families
- Cognitive Behavioral Therapy and Problem-Solving Therapy
- Substance use disorder prevention and treatment

Our counselors are master's prepared and licensed clinical social workers and professional counselors who specialize in providing both immediate and long-term assistance to individuals who may experience depression, PTSD, anxiety, grief, family issues or substance dependency and other psychosocial needs.

CareSouth Carolina's Behavioral Health Providers work in collaboration with the health care delivery system which includes all offices within CareSouth Carolina, long term care facilities, school-based counseling services, Tele-Psychiatry services, and our local Drug and Alcohol treatment facilities (Trinity, Alpha, and Rubicon) for Medication Assisted Treatment (MAT). Behavioral Health Providers develop and provide plans of care and clinical counseling services aimed at improving the patient's mental and physical health. The BHP assesses psychosocial factors of individuals and families to diagnose and treat complex mental health disorders and addresses any co-morbid alcohol and drug use.

"We utilize a wide range of evidence-based treatments that focuses on the "whole person". We treat the patients' physical, mental, and social health TOGETHER. Practicing Integrated Behavioral Health Care allows for our medical and behavioral health providers to collaborate care and enhance the health and wellbeing of all our patients." Amy Cook, Director of Behavioral Health, said.

In addition to counseling, CareSouth Carolina provides testing for ADHD, learning disorders, Autism Spectrum, Asperger's and other academic functional testing as done by a Ph.D. Psychologist.

It is important to recognize that mental health conditions are real, and that they can be just as debilitating as physical illnesses.

If you are struggling with your mental health, it is important to know that help is available. There are many resources available, including hotlines, support groups, and counseling services. You can also talk to your doctor or a mental health professional about your concerns and explore different treatment options.

To schedule an appointment, please call CareSouth Carolina at 866-498-0399 and a representative would be happy to assist you.

CareSouth Carolina Reaches Historic Patient Compliance

CareSouth Carolina saw breakthrough in patient compliance during 2022, reaching historical measures on its Quality Corporate Scorecard.

In total, CareSouth Carolina met 21 out of 26 (81%) quality goals set forth for the organization in patient compliance during 2022. These internal goals are used to measure an array of quality metrics, and this was the highest percentage CareSouth Carolina has seen in patient compliance.

These goals are set to motivate patients to receive key services and treatments, and to work on making strides in treating conditions and maintaining health goals for many conditions, including Hypertension, Diabetes, and much more.

Nearly one-third of CareSouth Carolina's patients have Hypertension. For 2022, the organization posted an impressive 63% control rate, which is the highest CSC has seen.

Hypertension is known as the "silent killer" because most people who have hypertension, or high blood pressure, do not have any symptoms. The CDC shares that when your blood pressure is high: You are four times more likely to die from a stroke. You are three times more likely to die from heart disease. This is why keeping the condition under control is crucial.

In addition, Breast cancer screenings saw an all-time high at 51% and 70% of CareSouth Carolina's diabetic patients received an eye exam, which was also a record for the organization. The American Cancer Society shares that Breast cancer is sometimes found after symptoms appear, but many women with breast cancer have no symptoms. This is why regular breast cancer screening is so important.

CareSouth Carolina welcomes Zita Andreksi, FNP-C, as the Newest Pediatric Provider



**Zita Andreksi,
FNP-C**

Zita Andreksi, FNP-C, is the newest pediatric provider at its CSC Hartsville Medical office. Andreksi, a Certified Family Nurse Practitioner who practices at CareSouth Carolina's Hartsville Pediatric location, comes to CareSouth Carolina with more than 30 years of experience and started working in Hartsville in 2002, working with babies and in the nursery.

She attended Purdue University Global, where she earned her Master of Science in Nursing (Family Nurse Practitioner). She received her Bachelor of Science in Nursing from San Pedro College (Philippines). Andreksi said she can't imagine doing anything other than working in pediatrics.

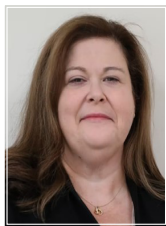
"This is my life," she said. "I don't know anything else other than working with children. This is my passion. I've never done anything other than take care of children and I look at CareSouth Carolina as a place where I can give long-term care with children and take care of them as they grow."

Before coming to CareSouth Carolina, Andreksi worked at Carolina Pines Regional Medical Center (Hartsville, SC), Al Haramain Hospital (Saudi Arabia), and San Pedro Hospital (Philippines). She has several licenses and certifications, including a Registered Nurse License, Advanced Cardiac Life Support certification, Basic Life Support for Healthcare Providers certification, Pediatric Advanced Life Support certification, and completed the Neonatal Resuscitation Program.

Outside of work, Andreksi most enjoys gardening. She also likes spending time with friends and exercising.

To make an appointment with Andreksi, please call the Hartsville office at 843-332-3422. The Hartsville Pediatric office is open from 8:00 a.m. to 5:00 p.m., Monday through Friday. The Hartsville office is located at 1268 South Fourth Street.

CareSouth Carolina welcomes Amy Snyder, FNP-C, as the Newest Hartsville Medical Office Provider



**Amy Snyder
FNP-C**

CareSouth Carolina welcomes Amy Snyder, FNP-C, as the newest provider at its CSC Hartsville Medical office. Specializing in Family Medicine, as well as Women's Health, Family Planning, and Birth Control options, Snyder comes to CareSouth Carolina with more than 31 years of experience in the medical field. Originally from Pennsylvania, Snyder said she relishes the opportunity to provide access to high-quality care for the residents of this community.

"It's the population I wanted to care for," Snyder said. "I've been in Hartsville for more than a decade now and love the area. I really wanted to help serve the underserved and provide care to people who may not have access otherwise. I just enjoy being able to help people."

She attended Northern Kentucky University in Highland Hills, KY, where she earned her Master of Science in Nursing. Before that, she attended Western Governor's University (Salt Lake City, Utah), where she received her Bachelor of Science in Nursing, and she received a Diploma in Nursing from Geisinger School of Nursing (Danville, Pennsylvania).

Before coming to CareSouth Carolina, Snyder worked as a Staff Nurse at Carolina Pines Regional Medical Center, McLeod Regional Medical Center, and Geisinger Medical Center. She has several licenses and certifications, including a Registered Nurse License, Pediatric Advanced Life Support certification, Basic Life Support certification, Advanced Cardiac Life Support certification, Nexplanon certification, IUD Placement certification, and has completed the Neonatal Resuscitation Program.

Outside of work, Snyder is the organist at her church and enjoys spending time with her family. In addition, she's excited to be in the midst of planning her wedding, so if you see her around, make sure to tell her congratulations.

To make an appointment with Snyder, please call the Hartsville office at 843-332-3422. The Hartsville office is located at 1268 South Fourth Street.

Services:

Family Medicine
Pediatrics
Women's Care
Behavioral Health Counseling
Lab
IV Therapy
Internal Medicine
Radiology/Ultrasound
Chiropractic Care
Dental Care
Family Support Services
Substance Abuse Prevention Program
Infectious Diseases Primary Care
Senior Support Services
Community Pharmacy

Convenient Locations

Bennettsville Center
999 Cheraw Street
Bennettsville, SC 29512
843.479.2341

Bennettsville Pediatric Center
210 W. Main Street
Bennettsville, SC 29512
843.479.1200

Bennettsville Women's Center
1076 Marlboro Way Road, Suite 1
Bennettsville, SC 29512
843.454.2294

Bishopville Center
545 Sumter Highway
Bishopville, SC 29010
803.484.5317

Bishopville Pediatric Dental
101 Harris Street
Bishopville, SC 29010
866.815.9845

Cheraw Center
715 S. Doctors Drive Suite E
Cheraw, SC 29520
843.537.0961

Chesterfield Center
204 Perry Wiley Way
Chesterfield, SC 29709
843.623.5080

Dillon Center
1016 Old Latta Highway
Dillon, SC 29536
843.774.4337

Hartsville Center
1268 S. Fourth Street
Hartsville, SC 29550
843.332.3422
843.339.5520 Chiropractic

Lake View Center
103 N. Kemper Street
Lake View, SC 29563
843.759.2189

Latta Center
122 Latimer Street
Latta, SC 29565
843.627.6252

McColl Center
3080 Highway 15-401 E.
McColl, SC 29570
843.523.5751

Society Hill Center
737 S. Main Street
Society Hill, SC 29593
843.378.4501

Public Employee Health
Services - Marlboro County
100 Matheson Street
Bennettsville, SC 29512
843.456.7752

CSC Community Pharmacy Locations

HARTSVILLE

1280 South Fourth Street
843.339.5530

BENNETTSVILLE

999 Cheraw Street
843.456.7777

CHERAW

715 S. Doctors Drive, Suite A
843.865.4080

MCCOLL

3080 Highway 15-401 E.
843.523.6212

LATTA

122 Latimer Street
843.627.6261

BISHOPVILLE

545 Sumter Highway
803.588.7960

SOCIETY HILL

737 S. Main Street
843.378.4148

CHESTERFIELD

204 Perry Wiley Way
843.927.1030

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CareFIRST Carolina, CareSouth Carolina give \$25,000 in Support to FMU in Honor of Tim

The CareFIRST Carolina Foundation and CareSouth Carolina presented Francis Marion University (FMU) with the first of many annual support gifts, a total of \$25,000, through the Archie TIM Brown Master of Science in Nursing — Family Nurse Practitioner Scholarship.

The donation included \$23,000 in support, as well as \$2,000 for the first two scholarship recipients (\$1,000 each) in honor and memory of beloved community leader Archie Tim Brown.

“CareSouth Carolina has been a supportive community partner in the education and employment of health science students over the years,” said FMU President Fred Carter. “This gift, given in memory of our alumnus Tim Brown, is especially meaningful. Whether as a police officer, student, nurse, or nurse practitioner, Tim had a positive influence on everyone with whom he interacted. We are deeply appreciative of CareSouth Carolina’s recognition of his life of service.”

In May of 2022, CareSouth Carolina lost provider and friend Archie “Tim” Brown, BSN, FNP, to a senseless act of violence just as he was beginning to realize his vast potential as a caregiver. Tim was a unique individual who was loved by his patients and the CareSouth Carolina team. He continued to excel in his chosen path, all the while mentoring youth, working with underserved and migrant patients, and teaching and acting as a role model to students at his alma mater, Francis Marion University.

“It was an honor to present the leadership of Francis Marion University with a total of \$25,000 from the funds raised by CareFirst Carolina Foundation for the Tim Brown Memorial Scholarship,” CareSouth Carolina CEO Ann Lewis said. “This scholarship will pave the way for the education of a nurse practitioner wanting to serve in rural Pee Dee South Carolina. The FMU Nursing School has been an excellent pathway for so many nurse practitioners, including Tim Brown, who tragically lost his life in 2022.”

CareSouth Carolina's Marek Calhoun Named to Statewide Leadership Position



Marek Calhoun

CareSouth Carolina’s Marek Calhoun was recently nominated to become the board chairman for The South Carolina Community Health Worker Association (SCCHWA).

Calhoun — the Director of Social and Community Services, Community Health & Family Support Services at CareSouth Carolina — has served on the board of the association for several years and was nominated by the members of the organization when the position became available.

“This is a great honor,” Calhoun said. “It shows the confidence and commitment that my fellow board members had in me. I’m humbled to have the opportunity to serve in that capacity and I look forward to the opportunity to help lead the board and work with community health workers across the state.”

The SCCHWA is made up of Community Health Workers (CHWs) and supporters who are building a healthier South Carolina through the promotion of education, networking, and advocacy for the community health worker profession. The association provides a forum for networking, sharing of strategies and resources, and provides a foundation for the education of CHWs.

As he moves forward in this position, Calhoun says he wants to continue to build on the work the association has done so far.

“I want us to continue to progress in the work that the board and association has done so far, as well as the previous board chair,” Calhoun said. “The goal will be to increase the footprint of CHWs all across our state and I’m excited to be a part of it.”



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