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2021

FALL EDITION

CSC's Community Outreach Team named 'Community Health Worker Group of the Year'



CareSouth Carolina's community outreach team was named the 'Community Health Worker Group of the Year' by the South Carolina Community Health Worker Association.

CareSouth Carolina community health workers (CHWs) provide health education, assist in case management, address social needs and provide many more needed services in five counties throughout the Pee Dee region.

"I am so proud of our CHW program and the difference they make in our communities, for our patients," CareSouth Carolina CEO Ann Lewis said. "Health care is not always clinical and CHWs are vital to insuring that the whole picture of the individual is known – addressing everything from food insecurity and housing to transportation and access. CHWs are a vital part of the mission of CareSouth Carolina - enhancing and improving the health AND WELL BEING for everyone."

The team provides one-on-one case management and assistance in addressing social needs of everything from signing up for an insurance plan like Medicaid and the Affordable Care Act to assisting with connecting patients to needed services and resources. They also provide health education related to disease prevention, screenings, and healthy behaviors. Examples of health education topics include:

- Chronic disease prevention
- Nutrition
- Physical activity
- Smoking cessation
- Transportation Services
- Translation/Interpretation services

Congratulations!

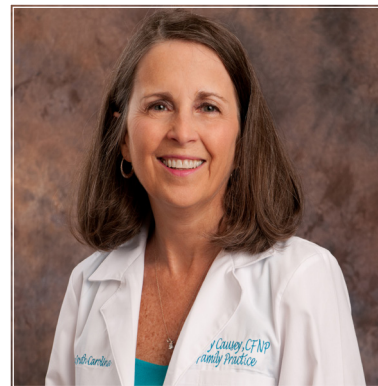
"This is a great honor and a testament to the hard work and dedication that they bring to CareSouth Carolina, the patients and the community they serve," Director of Social and Community Services Community Health & Family Support Services Marek Calhoun said. "I couldn't be more proud of each and every one of them. They are a wonderful group and are so very deserving of this prestigious award."

The South Carolina Community Health Worker Association (SCCHWA) is made up of Community Health Workers (CHWs) and supporters who are building a healthier South Carolina through the promotion of education, networking and advocacy for the community health worker profession. The association provides a forum for networking, sharing of strategies and resources, and provide a foundation for education of CHWs and the organizations and systems that support them.

Sherry R. Causey, FNP, Retiring after 19 years of Service in Lake View



Sherry R. Causey, FNP-C, will always be remembered by her patients and staff as a provider who wanted the best for them in all circumstances. After 19 years of service with CareSouth Carolina in the Lake View area, Causey's last day before retirement was Oct. 1, 2021.



Sherry R. Causey, FNP-C

Causey began her journey in the health care profession in 1981 after graduating with her Associate's Degree in Nursing from the University of South Carolina. She would go on to earn a Bachelor of Science in Nursing at the Medical University of South Carolina, Masters in Nursing Core Courses & Nursing at East Carolina University and a Post-Masters Family Nurse Practitioner Certificate at East Carolina University.



"I've always wanted to be a nurse," Causey said. "I've enjoyed most just being able to be around my staff and patients. They are like my family. Many of our staff have been together with me for all 19 years and I couldn't have asked for a better team."

Working in a rural health care setting, Causey said she has enjoyed getting to take extra time to get to know her patients on a personal level.

"I grew up as a farmer's daughter and I like being able to talk with you about your family and to talk with patients about 'real life,'" Causey said. "I think it's very important to get to know your patient so they feel more comfortable with you and know that you care about them."



Causey has also held several other positions including Family Nurse Practitioner at Kinston Medical; Lead Instructor in the Practical Nursing Program at Lenoir Community College; Policy and Procedure Coordinator at Home Health and Hospice; State of South Carolina Home Health Nurse; In-Service Director of Nursing at Mullins Hospital; State of South Carolina Departmental Health Mental Health Nurse; Staff Nurse at Florence Dialysis, English Park Hospital and Marion Memorial Hospital.



As she moves on to the next stage, Causey said she is looking forward to spending time with her family but will certainly miss her patients and the CareSouth Carolina staff members that she has gotten to build relationships with over nearly two decades.

"I don't know what I'm going to do with myself, I've been working for a long time," Causey said. "It's going to be different and I'm definitely going to miss a lot of the people here, but I'm also very fortunate to be able to retire and to spend more time with my family."



CareSouth Celebrates Hispanic Heritage Month

CareSouth Carolina is celebrating Hispanic Heritage Month that takes place September 15 to October 15 every year as a time to recognize and celebrate the many contributions, diverse cultures, and extensive histories of the American Latino community. As of July 1, 2018, the Hispanic population of the United States was 59.9 million people, making people of Hispanic origin the nation's largest ethnic or racial minority (18.3% of the total U.S. population).

Most month-long observances start on the 1st of the month. So why does Hispanic Heritage Month start on September 15th? Answer: September 15 is the anniversary of independence for Costa Rica, El Salvador, Guatemala, Honduras, and Nicaragua. Mexico's independence day comes just one day later on September 16th, and Chile's falls on September 18th.

On September 15, 2021, SC Governor Henry McMaster signed a proclamation recognizing Hispanic Heritage Month.

CareSouth Carolina Administering Pfizer COVID-19 vaccine Booster Shot



CareSouth Carolina is administering the Pfizer COVID-19 Vaccine booster shot at our office locations.

To receive the Pfizer COVID-19 booster shot, you must have been fully vaccinated for at least six months with the Pfizer vaccine only. If you received the Moderna or Johnson & Johnson vaccine, you are not eligible for the Pfizer booster shot.

The recommendations for those individuals who should receive the booster are as follows:

- 65+ years of age.
- Long-term care residents
- 50-64 years of age with underlying conditions
- 18-49 years of age with underlying conditions are recommended to weigh their individual benefit risks
- Those who work in high-exposure occupations

The schedule to receive the booster can be seen below:

Monday:

- CareSouth Carolina Bishopville: 803.484.5317 (545 Sumter Hwy, Bishopville SC) from 9AM to 3PM

Tuesday:

- CareSouth Carolina Chesterfield: 843.623.5080 (204 Perry Wiley Way, Chesterfield, SC) from 9AM to 3PM

Wednesday:

- CareSouth Carolina Hartsville: 843.332.3422 (1268 South Fourth St, Hartsville SC) from 9AM to 3PM
- CareSouth Carolina Cheraw: 843.537.0961 (715 South Doctors Drive Suites A, B, D,E Cheraw SC) from 9AM to 3PM

Thursday:

- CareSouth Carolina McColl Health & Wellness Center: 843.523.5751 (3080 Highway 15-401 E, McColl, SC)

Friday:

- CareSouth Carolina Latta 843.627.6252 (122 Latimer Street, Latta, SC) from 9AM to 3PM
- Rosa Lee Gerald Center: 843.378.4501 (737 South Main Street, Society Hill SC) from 9AM to 3PM



About 1-in-8 U.S. women (12 percent) will develop invasive breast cancer over the course of their lifetime. In 2020, an estimated 276,480 new cases of invasive breast cancer are expected to be diagnosed in women in the U.S., along with 48,530 new cases of non-invasive (in situ) breast cancer.

Here's a few myths vs. facts about Breast Cancer (According to the National Cancer Institute):

- **MYTH:** If I don't have a family history of breast cancer, I won't get it.
- **FACT:** Many people diagnosed with breast cancer have no known family history.
- **MYTH:** If you maintain a healthy weight, exercise regularly, eat healthy, and limit alcohol, you don't have to worry about breast cancer.
- **FACT:** Although these behaviors can help lower breast cancer risk, they can't eliminate it.
- **MYTH:** Breast cancer always causes a lump you can feel.
- **FACT:** Breast cancer might not cause a lump, especially when it first develops.
- **MYTH:** Wearing a bra, using underarm antiperspirant, carrying your cellphone in your bra or consuming too much sugar can cause breast cancer.
- **FACT:** There is no significant evidence of a connection between these things and breast cancer, but they are all still being studied.

It is extremely important to schedule a yearly mammogram and CareSouth Carolina can help with your referral in ensuring that you get this important screening done. Just talk with your provider today.

For more information or for FAQs, please visit the National Breast Cancer Foundation's website at nationalbreastcancer.org.

Services:

Family Practice
Pediatrics
Women's Care
Behavioral Health Counseling
Lab
Radiology/Ultrasound
Chiropractic Care
Dental Care
Family Support Services
Substance Abuse Prevention Program
Infectious Diseases Primary Care
Senior Support Services
Community Pharmacy

Convenient Locations

Bennettville Center
999 Cheraw Street
Bennettville, SC 29512
843.479.2341

Bennettville Pediatric Center
210 W. Main Street
Bennettville, SC 29512
843.479.1200

Bennettville Women's Center
1076 Marlboro Way, Suite 1
Bennettville, SC 29512
843.454.2294

Bishopville Center
545 Sumter Highway
Bishopville, SC 29010
803.484.5317

Bishopville Pediatric Dental
101 Harris Street
Bishopville, SC 29010
866.815.9845

Cheraw Center
715 S. Doctors Drive Suite E
Cheraw, SC 29520
843.537.0961

Chesterfield Center
204 Perry Wiley Way
Chesterfield, SC 29709
843.623.5080

Dillon Center
207 E. Monroe Street
Dillon, SC 29536
843.774.4337

Hartsville Center
1268 S. Fourth Street
Hartsville, SC 29550
843.332.3422
843.339.5520 Chiropractic

Lake View Center
103 N. Kemper Street
Lake View, SC 29563
843.759.2189

Latta Center
122 Latimer Street
Latta, SC 29565
843.627.6252

McColl Center
3080 Highway 15-401 E.
McColl, SC 29570
843.523.5751

Society Hill Center
737 S. Main Street
Society Hill, SC 29593
843.378.4501

Public Employee Health
Services - Marlboro County
100 Matheson Street
Bennettville, SC 29512
843.456.7752

CSC Community Pharmacy Locations

HARTSVILLE

1280 South Fourth Street
843.339.5530

BENNETTSTVILLE

999 Cheraw Street
843.456.7777

CHERAW

715 S. Doctors Drive, Suite A
843.865.4080

MCCOLL

3080 Highway 15-401 E.
843.523.6212

LATTA

122 Latimer Street
843.627.6261

BISHOPVILLE

545 Sumter Highway
803.588.7960

SOCIETY HILL

737 S. Main Street
843.378.4148

Contact

PO Box 1090
Hartsville, SC 29551
Telephone: 843.857.0111
Fax: 843.857.0150

Website: www.caresouth-carolina.com

Get Your Flu Shot: Know The Facts

CareSouth Carolina is now administering the Flu Vaccine in our office locations.

The Facts About Flu Shots (According to the CDC):

- Flu vaccines are safe. Hundreds of millions of flu vaccines have been safely given to Americans for more than 50 years.
- Vaccination helps protect women during and after pregnancy. Flu vaccination during pregnancy also helps protect babies from flu for the first several months after birth when they are too young to be vaccinated.
- Flu vaccination can lower the risk of serious outcomes from heart disease and diabetes.
- Getting vaccinated yourself may also protect people around you, including those who are more vulnerable to serious flu illness.
- While some people who get vaccinated do still get sick, there is a growing amount of data showing that vaccination makes illness less severe, helping to prevent serious outcomes.

Flu vaccines cause antibodies to develop in the body about two weeks after vaccination. These antibodies provide protection against infection with the viruses that are used to make the vaccine.

The CDC recommends anyone 6 months or older receive the Flu vaccine.

CareSouth Carolina presented with HRSA Badges of Recognition

CareSouth Carolina was presented with three nationally-acclaimed Uniform Data System (UDS) badges by the Health Resources and Services Administration (HRSA).

CareSouth Carolina earned the 'Advancing Health Information Technology (HIT) for Quality' badge; Patient Centered Medical Home Recognition (PCMH); and the COVID-19 testing badge.

The Advancing Health Information Technology badge recognizes health centers that meet all criteria to optimize HIT services that advance telehealth, patient engagement, interoperability, and collection of social determinants of health to increase access to care and advance quality of care.

The Patient Centered Medical Home Recognition is for health centers with PCMH recognition in one or more delivery sites.

The COVID-19 testing badge recognizes health centers that tested more than 50% of their 2020 reported UDS patient populations from April 10, 2020 to July 2, 2021 and have a response rate of at least 50% to the weekly Health Center COVID-19 Survey.

