

Did You Know? CareSouth Carolina Offers More Than You Think



C Patient Connect

CareSouth Carolina, serving your local area since 1980.

March 2026

CSC Community Pharmacy in Hartsville is Open on Saturdays!



**HARTSVILLE
PHARMACY**



CareSouth Carolina's CSC Community Pharmacy in Hartsville is now open on Saturdays!

The pharmacy will be open every Saturday from 9 a.m. to 1 p.m., with both drive-thru and inside services available. The pharmacy is located at 1280 South Fourth Street in Hartsville.

This expansion is part of CareSouth Carolina's ongoing commitment to meeting patients where they are and making essential healthcare services more accessible for working families, caregivers, and individuals with busy schedules. "Saturday pharmacy hours ensure that care doesn't stop when the weekday ends. They give patients vital access to

medications, guidance, and support when they need it most—setting the tone for a more accessible, patient-centered healthcare future. It helps to strengthen the bridge between pharmacies and the communities they serve. Keeping the pharmacy doors open on Saturdays is more than convenience, it's commitment. It shows that access to care doesn't rest-paving the way for a more flexible and responsive healthcare system," said Ashley Singleton, Chief of Pharmacy at CareSouth Carolina.

With the addition of Saturday hours, patients can now visit CSC Community Pharmacy in Hartsville six days a week. Whether stopping by during the workweek or on the weekend, patients can expect the same welcoming environment, personalized care, and dependable service.

This also coincides with CareSouth Carolina's Hartsville clinic, which is open each Saturday from 9 a.m. to 1 p.m.

For more information, please call the CSC Community Pharmacy at 843.339.5530.

When most people think of CareSouth Carolina, they think of primary care visits, sick appointments, or annual checkups. But as a community health center serving the Pee Dee region, CareSouth Carolina provides far more than many patients realize.

With locations in Bennettsville, Bishopville, Cheraw, Chesterfield, Dillon, Hartsville, Lake View, Latta, McColl, and Society Hill, our mission goes beyond basic medical care. We provide patient-centered health and life services designed to support the whole person.

Here are just a few services you may not know are available right here in your community:

Comprehensive Medical Care

- Family Medicine
- Internal Medicine
- Pediatrics
- Women's Health Services
- OB/GYN
- HIV/AIDS Primary Care
- Infectious Disease Primary Care
- IV Therapy

Behavioral & Support Services

- Clinical Counseling
- Substance Abuse Prevention
- Senior Support Services
- Family Support Services

Specialty & Diagnostic Services

- Dental Care
- Chiropractic Services
- Podiatry
- Laboratory Services
- Ultrasound
- X-Ray

Pharmacy & On-Site Convenience

- On-site pharmacy services
- Agricultural Worker Health Services
- Veterans Choice Provider

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MEDICAL LOCATIONS:

Hartsville • Society Hill • Bennettsville • Bishopville • Cheraw • Chesterfield • Dillon • Lake View • Latta • McColl

PHARMACY LOCATIONS:

Hartsville • Society Hill • Bennettsville • Bishopville • Cheraw • Latta • McColl • Chesterfield • Dillon

To make an appointment, please call 843.309.8301.

www.caresouth-carolina.com

follow us:



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We also take our services on the road with our ROADS unit, which provides community services, including school-based care, and our Miles of Smiles Dental team delivers much-needed dental services to schools across the community.

What makes CareSouth Carolina unique is our integrated approach. Patients can often receive primary care, lab work, imaging, pharmacy services, and even dental or counseling support in one connected system — saving time and reducing barriers to care. Whether you need routine preventive care, chronic disease management, mental health support, specialty services, or diagnostic testing, our teams are here to help.

If you're unsure whether we offer a specific service, just ask. Chances are, we do. And if we don't, we have the contacts to get you to someone who does.

Your health is more than a single appointment — and at CareSouth Carolina, we're here for every part of it.

CareSouth Carolina Welcomes New Provider, Dr. Jane LaRoche as Internal Medicine Care Provider



Dr. Jane LaRoche

CareSouth Carolina is proud to welcome Dr. Jane LaRoche, MD, FACP, to its team, where she will provide internal medicine care with a special interest in geriatrics. She practices at the Bishopville office.

Dr. LaRoche brings decades of experience caring for adult and senior patients and is passionate about building long-term relationships that support health, independence, and quality of life. In Bishopville, she will focus on comprehensive internal medicine services, with particular attention to the unique needs of older adults. "I like the facility. I like the people," Dr. LaRoche. "They're all nice people and I enjoy being part of the team."

Dr. LaRoche says that sense of connection is what has kept her in healthcare throughout her career.

"It's nice to be able to help people feel better," she said. "We work to come up with a solution and it's rewarding to be able to a part of that process."

Outside of medicine, Dr. LaRoche has a deep appreciation for the arts and community involvement. She has long enjoyed music, playing both the flute and piccolo, and has participated in community concert bands. She also has a background as an athlete and continues to enjoy theater, dance, and college sports, as well as cultural events.

March Is Colorectal Cancer Awareness Month

Colorectal cancer is the second leading cause of cancer-related deaths in the United States, yet it is also one of the most preventable cancers with routine screening.

Why It Matters:

- About 1 in 23 men and 1 in 25 women will develop colorectal cancer in their lifetime.
- The American Cancer Society estimates over 150,000 new cases of colorectal cancer are diagnosed each year in the U.S.
- When detected early, the 5-year survival rate is about 90%.

Who Should Be Screened?

- Adults beginning at age 45 (earlier if you have risk factors or family history)
- Individuals with a personal or family history of colorectal cancer or polyps
- Those with inflammatory bowel disease (IBD)

Take Action:

- Talk to your CareSouth Carolina provider about screening options.
- Maintain a healthy weight and stay physically active.
- Limit tobacco use.
- Know the symptoms: persistent changes in bowel habits, rectal bleeding, abdominal discomfort, or unexplained weight loss.

If you're due for a screening, talk to your CareSouth Carolina provider today, and we'll be happy to assist you in getting these services done.



March Is National Nutrition Month

Good nutrition plays a vital role in overall health — and March is the perfect time to refocus on healthy eating habits. National Nutrition Month encourages families to make informed food choices and develop balanced eating patterns that last a lifetime.

Did You Know?

- Only 1 in 10 adults eats the recommended amount of fruits and vegetables daily.
- Poor diet is linked to conditions such as heart disease, diabetes, obesity, and certain cancers.
- Healthy eating can reduce your risk of chronic disease by up to 80% when combined with regular physical activity.

Smart Nutrition Tips:

- Fill half your plate with fruits and vegetables.
- Choose whole grains instead of refined grains.
- Drink more water and limit sugary beverages.
- Plan meals ahead to avoid last-minute unhealthy choices.
- Read nutrition labels and watch portion sizes.



Healthy eating doesn't require drastic changes — small, consistent steps make a big difference. Our CareSouth Carolina care teams are here to support your wellness journey with nutrition counseling and preventive care services.