WHAT'S HAPPENING





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CareSouth Carolina, serving your local area since 1980.

March 2024

iareSouth Carolina's new state-of-the-art facility in Cheraw NOW OPEN!



CareSouth Carolina is excited to announce the opening of its all-new state-of-the-art facility in Cheraw. The new office, located at 812 State Road Cheraw, is now welcoming patients.

The office, with over 15,600 square feet, more than quadruples CareSouth Carolina's capacity to provide services to Cheraw and surrounding areas. In addition to the services provided at the current location, the new facility will provide space for additional primary care providers, behavioral

health counseling, x-ray, lab, ultrasound, a pharmacy with a drive-thru, and a community room for various health and community events.

The new facility will also be home to CareSouth Carolina Foot Care, which provides numerous services, including General Foot Care, Foot Pain Management, Diabetic Foot Care, Sports Injuries Rehabilitation, and more. The opening date for CareSouth Carolina Foot Care will open on March 6.

"With the opening of this new building in Cheraw, CareSouth Carolina will be able to offer the community services in a modern, appealing setting that promotes access to a wide array of services - all geared to improving health and wellbeing," CareSouth Carolina CEO Ann Lewis said. "There will be features such as a pharmacy drive-thru and a community room along with a brand new service, podiatry. Come see us grow!"

CareSouth Carolina **MARCH** CLOSINGS

Wednesday, March 27, 2024 - Site Meeting Friday, March 29, 2024 - Spring Break

MEDICAL LOCATIONS:

Hartsville • Society Hill • Bennettsville • Bishopville • Cheraw • Chesterfield • Dillon • Lake View • Latta • McColl PHARMACY LOCATIONS:

Hartsville • Society Hill • Bennettsville • Bishopville • Cheraw • Latta • McColl• Chesterfield• Dillon To make an appointment, please call 843.309.8301. www.caresouth-carolina.com



CareSouth Carolina Now Offering Foot Care Services at Cheraw Office



Douglas Cunningham, DPM, FACFAS. Podiatrist

CareSouth Carolina is pleased to announce the addition of world-class foot care services at its Cheraw office. The organization's expert provider, Dr. Douglas E. Cunningham, DPM, FACFAS, has joined CareSouth Carolina's dedicated team, with services beginning on March 6.

Dr. Cunningham, who has provided foot care service in Cheraw for more than 24 years, said he is excited to join the CareSouth Carolina team with the name "CareSouth Carolina Foot Care."

"I am excited to be able to provide foot care to the entire community of Cheraw," Dr Cunningham said. "I love this community, and joining the CareSouth Carolina team allows me to extend my services to everyone in the area. I look forward to continue treating patients with a focus on providing quality foot care and treatments to patients of all ages with foot ailments."

Anyone can visit Dr. Cunningham. You do not need to be a Cheraw resident, and you do not need a referral. Just make an appointment by calling the Cheraw office at 843-921-6711.

Dr. Cunningham specializes in a wide range of foot care services, including:

- Foot Pain Management: If you're suffering from foot pain due to conditions like plantar fasciitis, bunions, or arthritis, our team will work with you to develop a personalized treatment plan for relief.
- Diabetic Foot Issues: Diabetes can affect your feet in significant ways. Dr. Cunningham offers specialized care to prevent and manage diabetic foot complications, ensuring your feet stay healthy.
- Sports Injury Rehabilitation: For athletes and active individuals, foot injuries can be particularly challenging. Our expert care
 can help you recover and get back to your active lifestyle quickly.
- Surgical Intervention: When necessary, Dr. Cunningham is skilled in surgical procedures, such as bunionectomy and hammertoe correction, to address complex foot issues.

Jpcoming Events: CareSouth Carolina to host Spring Fling and Community Health Fair in April!



Excitement is building as CareSouth Carolina gears up to host two events aimed at promoting health and wellness within the community. Mark your calendars for Saturday, April 20, and Saturday, April 27, as CareSouth Carolina brings fun-filled activities and essential health services to two different counties in the Pee Dee.

On Saturday, April 20th, the Chesterfield Office will be abuzz with the Spring Fling event from 10:00 a.m. to 1:00 p.m.. This year, the event boasts a new location, promising an even bigger and better experience for attendees. In case of inclement weather, fret not – the rain location is set at the Chesterfield YMCA Gym, ensuring that the festivities continue, rain or shine. There will be games, food, inflatables, and health screenings, all provided free of charge.

Following the Spring Fling, on Saturday, April 27, CareSouth Carolina brings its Community Health Fair to Bishopville. Taking cues from the success of

previous events, such as the one held at the Dillon Wellness Center, the fair aims to deliver essential health services and education to the local community.

Set at the Bishopville High Memorial Gym from 10:00 a.m. to 12:30 p.m., the event promises a range of health screenings and informative sessions on preventive care and much more. CareSouth Carolina offers a wide range of services that may be of benefit to you and we are excited to give more information on how we serve the community.



March is National Nutrition Month

March is a month dedicated to raising awareness about the importance of nutrition, marked as National Nutrition Month. It serves as an opportunity to educate individuals about making informed food choices and developing healthy eating habits.

With the prevalence of various diet trends and conflicting nutritional advice, National Nutrition Month offers a chance to promote evidence-based practices and debunk common myths about food and nutrition.

National Nutrition Month emphasizes the significance of a balanced diet rich in fruits, vegetables, whole grains, lean proteins, and healthy fats. It underscores the role of proper nutrition in preventing chronic diseases such as obesity, diabetes, and heart disease.

Beyond individual health, National Nutrition Month also addresses broader issues, such as food insecurity and access to healthy foods. Through advocacy efforts and community initiatives, National Nutrition Month aims to address disparities in food access and support initiatives that improve nutritional outcomes for all individuals and communities. By coming together to celebrate and prioritize nutrition, we can work towards a healthier, more sustainable future for generations to come.