

HARTSVILLE MEDICAL SATURDAY HOURS

NO APPOINTMENTS
NECESSARY

HOURS
9AM - 1PM

1268 S. FOURTH STREET
HARTSVILLE, SC

careSOUTH
carolina

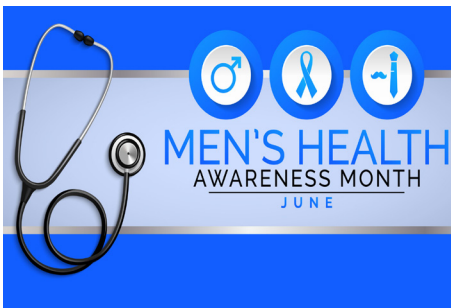


Patient Connect

CareSouth Carolina, serving your local area since 1980.

JUNE 2024

June is Men's Health Awareness Month



June is recognized as Men's Health Month, a time dedicated to raising awareness about health issues that particularly affect men and encouraging early detection and treatment of diseases.

The primary aim is to heighten the importance of preventative health measures, a balanced diet, regular exercise, and mental health awareness among men. This month-long observance is vital because men are often less likely to visit doctors for regular check-ups and

are more prone to suffering from serious health conditions such as heart disease, diabetes, and certain cancers.

One of the key focuses of Men's Health Month is cardiovascular health. Heart disease remains the leading cause of death among men, and early detection through regular screenings and lifestyle changes can significantly reduce the risk. Encouraging men to engage in regular physical activity, adopt a heart-healthy diet, and avoid smoking are critical components of this initiative. Additionally, educating men on the signs and symptoms of heart disease can lead to earlier diagnosis and better outcomes.

Mental health is another crucial aspect of Men's Health Month. Men are often reluctant to discuss their mental health issues or seek help for conditions such as depression, anxiety, and stress. This stigma can lead to untreated mental health problems and, in severe cases, even suicide. Men's Health Month aims to break this stigma by promoting open conversations about mental health, providing resources for support, and encouraging men to seek professional help when needed. Mental health awareness campaigns during this month emphasize that seeking help is a sign of strength, not weakness.

Start today by making an appointment with your primary care provider.



All CareSouth Carolina
offices will be closed on
Wednesday, June 19, 2024
in observance of
Juneteenth Freedom Day.

FREE

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**BACK TO
SCHOOL**

DRIVE-THRU

**FREE
SCHOOL
SUPPLIES!***

**August 3, 2024
10:00AM - 12:00PM***

DILLON WELLNESS CENTER
1647 Commerce Drive
Dillon, SC 29536

*Backpacks & school supplies limited to first 300 Participants. A Parent/Guardian must be present, with child, to receive supplies. Limit one per child. While supplies last. USDA SNAP

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PATIENT PORTAL

24/7 ACCESS!

View Personal Health/Dental Information

Send a Message to Your Nurse/Provider

Request/View Appointments

Request Prescription Refills

Sign Up TODAY!

View Account Statements and Pay Bills

Enroll at the front desk with your e-mail and cell phone number.

For Mobile or Tablet Use, Download this app.

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CareSouth Carolina
Facility ID: BACCD

MEDICAL LOCATIONS:
Hartsville • Society Hill • Bennettsville • Bishopville • Cheraw • Chesterfield • Dillon • Lake View • Latta • McColl

PHARMACY LOCATIONS:
Hartsville • Society Hill • Bennettsville • Bishopville • Cheraw • Latta • McColl • Chesterfield • Dillon

To make an appointment, please call 843.309.8301.
www.caresouth-carolina.com

follow us:

STAY SAFE THIS SUMMER

5 TIPS TO STAY SAFE

BE SUN SMART

Wear sunscreen and protective clothing – including sunglasses – to protect against UV rays. And don't forget a hat!



STAY HYDRATED

Drink water throughout the day to replace fluid lost to sweat & heat.



Eat Fresh and Seasonal Fruits and Vegetables: Incorporate a variety of fresh, seasonal produce into your diet for essential vitamins and nutrients.

STAY ACTIVE



Stay Active: Engage in outdoor activities like swimming, hiking, or biking to maintain physical fitness and enjoy the summer weather.

Wear Lightweight and Breathable Clothing: Choose light-colored, loose-fitting clothes made from breathable fabrics to stay cool and comfortable.

CareSouth Carolina Celebrates Patient Success: Ms. Florine Jones Completes Mammogram and Manages A1C

CareSouth Carolina is proud to share the success story of Ms. Florine Jones, a dedicated patient who has shown remarkable progress in managing her health at CareSouth Carolina's Dillon office.

CareSouth Carolina provider Haley Jones, FNP-BC, shared that Ms. Jones, like a lot of patients, was skeptical at first. However, she was determined to make a difference in her health.

"Ms. Jones was very skeptical in the beginning about getting routine screenings completed such as her mammogram, but with great education and guidance, she agreed to have her mammogram

Haley Jones, FNP-BC with Ms. Florine Jones and family.

completed," Haley Jones said. "Patients have reported having fear of the 'unknown' but as a provider, it is important to provide each patient with the comfort of knowing that their care and health are the main concerns, and efficient care will be provided under any circumstance."

In addition to getting her mammogram screening, Ms. Jones has also been able to keep her A1C below 7 for more than a year. "She was very grateful for the education and care provided. Ms. Jones has done an awesome job at keeping her A1C below 7. Patients are in control of their healthcare treatment, but it is important to support them and root them on toward having a healthy life," Haley Jones said.

CareSouth Carolina's Dr. Stephen L. Smith honored by SC Gov. Henry McMaster with statewide award

Dr. Stephen L. Smith, a distinguished figure at CareSouth Carolina, was honored with recognition from The South Carolina Office of the Governor (Henry McMaster) and the S.C. Center of Excellence in Addiction. The commendation lauded Dr. Smith for his tireless dedication to championing the science of addiction medicine, treating the disease of addiction medically, serving vulnerable citizens of South Carolina, and saving lives and families.

Dr. Smith's remarkable contributions span decades, during which he has served both as a dedicated practitioner at CareSouth Carolina's Rosa Lee Gerald office in Society Hill and as the Chief Medical Officer. His commitment to addressing addiction as a medical issue has been instrumental in transforming lives across the state.



Dr. Stephen Smith

"I am very thankful to receive the award," Dr. Smith said. "It was fun to meet the Governor, but most thankful that the program has been able to help so many patients and their families."

Daniel Myers, MAT/SUD Program Director at CareSouth Carolina, highlighted Dr. Smith's pioneering efforts, stating, "Dr. Smith started treating patients when there was no funding to do it. He did it because he saw a great need. During the time he started he was the only provider at CSC offering MAT services. It was also at a time when MAT services were not popular among most providers. He was able to form a partnership with our local drug and alcohol agencies. This enabled some funding for high-risk patients who would have never been able to afford these services. He definitely pioneered the now successful and nationally recognized MAT/SUD program. His mentoring and training with providers within CSC led to CSC having one of the largest MAT healthcare provider participation programs in the entire state and the nation. This award was due to be given pre-covid but was postponed due to the pandemic. It is much deserved."

CareSouth Carolina's MAT Program operates with a mission to reduce morbidity, mortality, and harm associated with opioid misuse and overdose by providing immediate access to prevention, treatment, and sustained recovery services. MAT programs offer a safe and controlled level of medication to overcome opioid addiction, complemented by counseling and behavioral therapies.

For those seeking assistance or more information about MAT services, CareSouth Carolina can be reached at 843-624-1891 or 843-758-0937.