

September and October offer the most favorable times for getting vaccinated against the flu, according to recommendations from the CDC. The best way to protect yourself and your loved ones against influenza (flu) is to get a flu vaccine every flu season. Flu is a contagious respiratory disease that can lead to serious illness, hospitalization, or even death. CDC recommends everyone six months and older get an annual flu vaccine.

What are some key reasons to get a flu vaccine?

- Every year, flu vaccination prevents illnesses, medical visits, hospitalizations, and deaths.
- Flu vaccination also is an important preventive tool for people with chronic health conditions. For example, flu vaccination has been associated with lower rates of some cardiac events among people with heart disease.
- Vaccinating pregnant women helps protect them from flu illness and hospitalization and has also been shown to help protect the baby from flu infection for several months after birth before the baby can be vaccinated.
- A 2017 study showed that flu vaccines can be life-saving in children.
- While some people who get vaccinated still get sick, flu vaccination has been shown in several studies to reduce severity of illness.

Why is it important to get a flu vaccine **EVERY year?**

- vaccines may be updated from one season to the next to protect against the viruses that research suggests will be common during the upcoming flu season.
- Your protection from a flu vaccine declines over time. Yearly vaccination is needed for the best protection.

CareSouth Carolina is offering the flu vaccine and would be happy to answer any questions you have. For more information or to set up an appointment, please give your local office a call.



CareSouth Carolina, serving your local area since 1980.

SEPTEMBER 2023



Saturday, September 30, 2023 | 10AM - 12:30PM

Food - Health Resources Family Support - Health & Wellness Services Giveaways - Health Screenings

CareSouth Carolina is excited to announce its upcoming Community Health Fair, an event aimed at connecting communities with a wide range of healthcare resources and support.

The fair will take place on Saturday, September 30, from 10 a.m. to 12:30 p.m. at the Dillon Wellness Center, located at 1647 Commerce Drive, Dillon, SC 29536.

The first 150 attendees will receive complimentary gun locks and crock pots, emphasizing the organization's commitment to enhancing safety and convenience within the community.

The event promises an engaging and informative experience for attendees, featuring an array of offerings, including food, health resources, family support services, health and wellness guidance, giveaways, and essential health screenings.

"Our Community Health Fair evolved from our community-focused engagements across all five counties, particularly Dillon," CareSouth Carolina Chief of Community Health Joe Bittle said. "While the community was aware that we offered healthcare, they did not know the diverse range of resources we offer, such as community health workers and navigators."

• Flu viruses are constantly changing, so flu In addition to primary care, CareSouth Carolina offers a comprehensive set of services, including internal medicine, pediatrics, women's services, OB/GYN, HIV/AIDS primary care, infectious disease primary care, IV therapy, substance abuse prevention, dental, chiropractic services, pharmacy, senior support services, family support services, clinical counseling, laboratory, ultrasound, X-Ray, agricultural worker health services, and much more.

> "Our commitment goes beyond medical care," Bittle said. "We conduct Community Needs Assessments to identify and address specific needs, providing assistance in navigation and various other aspects. We offer a complete set of services designed to help individuals meet their needs.

> Attendees can expect to interact with representatives from each department within CareSouth Carolina to gain more understanding of the organization's offerings. Additionally, a lineup of distinguished speakers, including Rep. Jackie Hayes, Assistant Solicitor W. Shipp Daniel, and Kris Lane, FNP-C, will provide insights into the latest developments in Dillon County.

MEDICAL LOCATIONS:

Hartsville • Society Hill • Bennettsville • Bishopville • Cheraw • Chesterfield • Dillon • Lake View • Latta • McColl PHARMACY LOCATIONS:

Full-Service CSC Community Pharmacy in Dillon NOW OPEN!



CareSouth Carolina (CSC) is excited to share that the all-new CSC Community Pharmacy at its Dillon medical office (1016 Old Latta Highway Dillon, SC 29536) is NOW OPEN.

The addition of an onsite pharmacy means that patients will no longer have to wait for next-day delivery and can conveniently walk straight to the pharmacy for their medication needs. This development has been hailed as a significant step forward in providing enhanced care and improved patient experiences.

"Being able to actually open up a pharmacy in Dillon for CareSouth Carolina will be huge for the patients that utilize our medical facility," CareSouth Carolina Chief of Pharmacy Ashley Singleton said. "Now, they'll be able to have a pharmacist to speak to, put a face with a name, develop relationships, and have all the benefits that come with continuity of care. Hopefully, that will make the process much smoother for the medical team, pharmacy team, and most importantly, the patient, as we are all working under one roof."

The pharmacy accepts all major insurances and is open to all, even those who are not patients of CareSouth Carolina, and aims to be a full-service pharmacy that offers excellent care through consultation and affordable prices on prescriptions. The pharmacy is equipped to handle various services, including the 340-B retail program, and has a full-service drive-thru.

The CSC Community Pharmacy is open from 8:30 a.m. to 6 p.m. Monday through Friday, providing ample opportunities for patients to access their prescriptions. For more convenience, patients can also download the mobile app, Mobile Rx, which allows them to manage and fill their prescriptions online.

CareSouth Carolina Honors William Feagin of SCPHCA with Community Partnership Award



Ann Lewis, CEO (right) presents the award to William Feagin (left)

CareSouth Carolina proudly presented William Feagin, Director of Revenue Maximization at the South Carolina Primary Healthcare Association (SCPHCA), with the Community Partnership Award.

The accolade recognizes outstanding local organizations and leaders who have demonstrated an exceptional commitment to partnering with CareSouth Carolina to enhance community well-being.

The Community Partnership Award was bestowed upon William Feagin in recognition of his dedication to strengthening CareSouth Carolina's collaborative efforts and his instrumental role in promoting the organization's mission to provide exceptional patient-centered health and life services. With over 11 years of experience at the SCPHCA, Feagin has successfully provided vital training and technical assistance to finance departments, specifically focusing on billing and coding strategies.

"It was a complete and total shock," Feagin expressed upon receiving the award. "I was thankful for the opportunity to be able to help. I grew up in Boy Scouts—I am an Eagle Scout—within the organization, there's a group called the Order of the Arrow. For that, one of the oaths that we take is to preserve a cheerful spirit even in the midst of irksome tasks and weighty responsibilities and will endeavor, so far as in my power lies, to be unselfish in service and devotion to the welfare of others. I take that to heart. For me, personally, being recognized for what I've done and worked hard to follow my entire life is a great honor."

September is National Childhood Obesity Awareness Month

September is recognized as National Childhood Obesity Awareness Month, shedding light on the critical issue of childhood obesity and the importance of promoting healthy habits among children.

This observance serves as a reminder of the urgent need to address and prevent childhood obesity, which can have significant and lasting effects on a child's physical and emotional well-being.

CareSouth Carolina's dedicated pediatric teams understand the significance of early intervention and education in combating childhood obesity. CareSouth Carolina's pediatric providers are more than healthcare practitioners; they are partners in promoting healthy lifestyles and fostering a supportive environment for children and families.

If you're seeking guidance or medical support, CareSouth Carolina's pediatric teams are readily available for consultations. To make an appointment with a pediatric provider, you can reach out to their respective offices at 843.332.3422 for Hartsville, 843.479.1200 for Bennettsville, or 803.484.5317 for Bishopville.