

# Are you eligible for the COVID Bivalent Vaccination or Booster?

CareSouth Carolina is currently offering COVID Bivalent vaccinations for individuals aged 6 months and older. This vaccine is replacing the mRNA (original) COVID vaccine. Whether you received or DID NOT receive the original COVID vaccines, you are eligible for the Bivalent vaccine.

## For Ages 6 months to 17 Years Old:

For ages 6 months to 17 years, CareSouth Carolina is offering the COVID-19 Bivalent vaccine at our Bishopville, Latta, Bennettsville Pediatric, and Hartsville Pediatric offices. Vaccines for ages 6 months to 17 years are given by appointment only, so please call one of the offices below to schedule an appointment:

- Bennettsville Pediatric Center: 843.479.1200
- Hartsville Pediatric Center: 843.332.3422
- Latta Center: 843.627.6252
- Bishopville Center: 803.484.5317

## For Ages 18 to 64 Years Old:

For individuals aged 18 to 64, we are accepting both appointments and walk-ins for COVID Bivalent Vaccinations. These vaccinations are for anyone ages 18 to 64 who has not received a COVID Bivalent Vaccine before.

Walk-ins are welcome and appointments can be made as well. The vaccine is being administered at the following offices: Bennettsville, Bishopville, Cheraw, Chesterfield, Hartsville, Latta, Society Hill, and McColl.

## Spring Bivalent Booster for Ages 65 & older or Immunocompromised:

For Ages 65 & Older or Immunocompromised individuals who are 65 years or older, or are immunocompromised are now eligible for two Spring Bivalent Boosters. This second Bivalent booster may be administered at least two months following the initial Bivalent Booster vaccination.

Walk-ins are welcome and appointments can be made, as well. The vaccine is being administered at the following offices: Bennettsville, Bishopville, Cheraw, Chesterfield, Hartsville, Latta, Society Hill, and McColl.



# Patient Connect

CareSouth Carolina, serving your local area since 1980.

May 2023

## May is Mental Health Awareness Month



May is a special month that is recognized worldwide as Mental Health Awareness Month, a time when we focus on the importance of mental health and the role it plays in our lives. One of the goals of Mental Health Awareness Month is to raise awareness about the different

types of mental health conditions and the impact they can have on a person's life. Mental health conditions are not uncommon, and they can affect anyone regardless of age, gender, ethnicity, or background. Some of the most common mental health conditions include anxiety disorders, depression, bipolar disorder, schizophrenia, and eating disorders.

- 1 in 5 U.S. adults experience mental illness each year
- 1 in 20 U.S. adults experience serious mental illness each year
- 1 in 6 U.S. youth aged 6-17 experience a mental health disorder each year
- 50% of all lifetime mental illness begins by age 14, and 75% by age 24
- Suicide is the 2nd leading cause of death among people aged 10-34

CareSouth Carolina is home to a nationally recognized Integrated Behavioral Health program, where patients receive quality care by some of the best, most caring professionals in the field of mental health. At least one licensed behavioral health counselor is co-located at each of our medical centers where we provide:

- Mental Health Counseling services to individuals and families
- Cognitive Behavioral Therapy and Problem-Solving Therapy
- Substance use disorder prevention and treatment

Our counselors are master's prepared and licensed clinical social workers and professional counselors who specialize in providing both immediate and long-term assistance to individuals who may experience depression, PTSD, anxiety, grief, family issues or substance dependency and other psychosocial needs.

To schedule an appointment, please call CareSouth Carolina at 843-309-8301 and a representative would be happy to assist you.

### MEDICAL LOCATIONS:

Hartsville • Society Hill • Bennettsville • Bishopville • Cheraw • Chesterfield • Dillon • Lake View • Latta • McColl

### PHARMACY LOCATIONS:

Hartsville • Society Hill • Bennettsville • Bishopville • Cheraw • Latta • McColl • Chesterfield

To make an appointment, please call 843.309.8301.

[www.caresouth-carolina.com](http://www.caresouth-carolina.com)

follow us:



# May is Hypertension Awareness Month

According to the American Heart Association, approximately 108 million adults in the United States have high blood pressure. That's nearly half of all adults in the country. And yet, many people with high blood pressure may not even know they have it. One of the key messages of Hypertension Awareness Month is that prevention is key. While some risk factors for high blood pressure, such as age and family history, are beyond our control, there are many things we can do to reduce our risk. These include maintaining a healthy weight, eating a balanced diet that's low in salt and high in fruits, vegetables, and whole grains, staying physically active, not smoking, and limiting alcohol consumption.

For those who already have high blood pressure, managing the condition is critical. This may involve lifestyle changes such as those listed above, as well as medications prescribed by a healthcare provider. It's important to work closely with a doctor to monitor blood pressure and adjust treatment as needed.

Another important aspect of Hypertension Awareness Month is raising awareness about the link between high blood pressure and other health conditions. For example, people with high blood pressure are at increased risk for heart disease and stroke, which are leading causes of death in the United States. By managing high blood pressure, individuals can reduce their risk of these serious conditions.

Please call 843-309-8301 and a CareSouth Carolina representative will be happy to help you.

## Medicaid is restarting Eligibility reviews. CareSouth Carolina is here to help



**Have you heard the news?**

Medicaid will restart Eligibility reviews.  
**Deadline is April 1, 2023!**

**Don't risk a gap in your medicaid or chip coverage. GET READY TO RENEW NOW.**

Following these steps will help determine if you still qualify:

- Make sure your contact information is up to date.
- Check your mail for a letter.
- Complete your renewal form (if you get one).

If you need help with renewing your Medicaid, please call 866-498-0399.

To make sure your address is correct, please go here <https://tools.apply.scdhhs.gov/quick-tools/changeofaddress> or scan the QR Code below:



careSOUTH carolina  
www.caresouth-carolina.com

CareSouth Carolina's Community Outreach Team is ready to assist in helping with Medicaid re-enrollment.

Medicaid is restarting Eligibility reviews, and this means that those who are eligible need to ensure their information is up-to-date to not risk a gap in Medicaid or CHIP coverage.

To ensure that you don't have a gap in coverage, please make sure to follow these three steps:

1. Make sure your contact information is up-to-date
2. Check your mail for a letter
3. Complete your renewal form (if you get one)

You can check to see if your information is up-to-date by visiting <https://tools.apply.scdhhs.gov/quick-tools/changeofaddress>.

If you need assistance in changing your address or signing up for Medicaid, CareSouth Carolina has Family Support Services Benefit Counselors who are available to assist.

Please call 866-498-0399 and a CareSouth Carolina representative will be happy to help you.

## CareSouth Carolina employees honored with statewide awards

Three CareSouth Carolina employees were honored with statewide awards at the South Carolina Primary Health Care Association's (SCPCHA) SEA Retreat.

Daniela Martinez, CareSouth Carolina's ROADS Administrative Coordinator, was honored as the Personal and Professional Achievement recipient.

Pat Graham, the site administrator at CareSouth Carolina's McColl Health & Wellness Center, was named the recipient of the South Carolina Primary Health Care Association's Award of Excellence.

Tracy Hunter, a Patient Experience Technical Advisor at CareSouth Carolina, was honored with the SCPCHA's "You Make the Difference Award."



**HARTSVILLE MEDICAL SATURDAY HOURS**

NO APPOINTMENTS NECESSARY

**HOURS 9AM - 1PM**

1268 S. FOURTH STREET  
HARTSVILLE, SC

WALK-INS WELCOME

careSOUTH carolina  
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**WE WILL BE CLOSED**

**MONDAY, MAY 29, 2023**

**IN OBSERVANCE OF MEMORIAL DAY**