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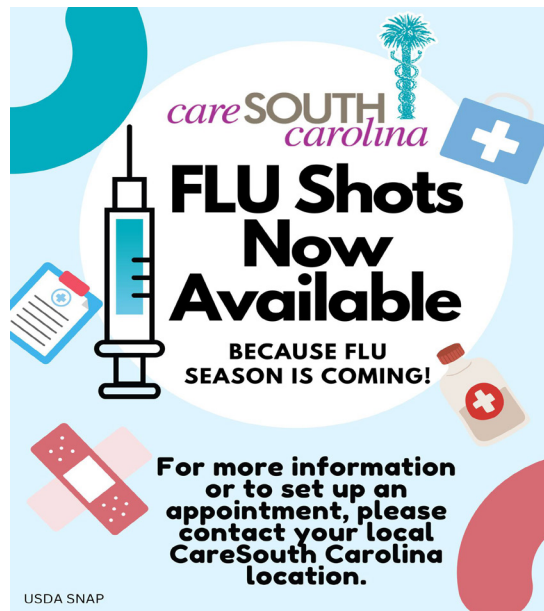
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CareSouth Carolina, serving your local area since 1980.

2023

FALL EDITION

CareSouth Carolina Now Administering The Flu Vaccine



According to recommendations from the Centers for Disease Control and Prevention (CDC), September and October are considered the optimal months to receive the annual flu vaccine. The flu, a highly contagious respiratory illness, can pose significant health risks, including severe illness, hospitalization, and, in some cases, fatalities.

To safeguard yourself and your loved ones against the flu, it is strongly recommended that everyone aged six months and older receive an annual flu vaccine.

“The most effective way to prevent the flu is by receiving the flu vaccine,” CareSouth Carolina Chief of Nursing Tracie Thigpen said. “I encourage everyone to be proactive this year in the fight against the flu and get the flu vaccine.”

Here are some facts about the flu vaccine:

- Flu vaccines are safe. Hundreds of millions of flu vaccines have been safely given to Americans for more than 50 years.
- Vaccination helps protect women during and after pregnancy. Flu vaccination during pregnancy also helps protect babies from flu for the first several months after birth when they are too young to be vaccinated.
- Flu vaccination can lower the risk of serious outcomes from heart disease and diabetes.
- Getting vaccinated yourself may also protect people around you, including those who are more vulnerable to serious flu illness.
- While some people who get vaccinated do still get sick, there is a growing amount of data showing that vaccination makes illness less severe, helping to prevent serious outcomes.

CareSouth Carolina is committed to ensuring the well-being of the community by making the flu vaccine readily accessible. For more information about the flu vaccine or to schedule an appointment, please contact your local CareSouth Carolina office. CareSouth Carolina’s dedicated staff is here to assist you and address any questions or concerns you may have.

CareSouth Carolina Awarded Grant To Expand School-Based Services



CareSouth Carolina is proud to announce that it has been awarded a grant totaling \$520,177 to further enhance its school-based services. The generous grant, provided by the U.S. Department of Agriculture (USDA), will enable CareSouth Carolina to make significant improvements to its telehealth infrastructure.

The primary focus of this grant is to equip all remaining schools in Chesterfield County and Marlboro County with state-of-the-art telehealth equipment and to replace mobile equipment with permanent equipment in Dillon County. Currently, the organization utilizes mobile equipment, and this funding will allow for the implementation of permanent and higher-quality telehealth solutions.

Additionally, this grant will support the installation of telehealth equipment at AMI Kids Sandhills, strengthening CareSouth Carolina's partnership with this organization and enhancing the healthcare services available to the youth they serve.

With the addition of this grant, CareSouth Carolina will extend its services to fully support 32 schools, reaffirming its commitment to improving access to quality healthcare within the community.

"We are thrilled about this opportunity to expand the provision of top-notch telehealth services to more schools in our service area," said CareSouth Carolina Associate Medical Director Jeri Andrews, MSN, APRN, FNP-BC. "We understand the significance of minimizing disruptions to students' face-to-face instructional time. By offering medical care within the school environment, we reduce missed instructional hours, provide on-demand access to care for acute illnesses or follow-up treatment, and eliminate barriers such as transportation or missed work time for parents."

CareSouth Carolina's ROADS mobile initiative (Reaching Out and Delivering Services) offers comprehensive remote medical care to the communities it serves. This initiative features fully-equipped medical exam units staffed with a nurse practitioner, LPN, and medical assistant.

CareSouth Carolina's school-based services are instrumental in bringing essential healthcare to students in rural communities who may not have regular access to a doctor's office. The mobile units provided by CareSouth Carolina visit numerous school districts in the Pee Dee region each year, delivering annual wellness check-ups and screenings to thousands of students in the area.

The school-based care program commenced in 2015 with the aim of addressing the lack of healthcare access in rural Pee Dee communities. Starting with the Chesterfield County School District, the program has since expanded to include Lee, Dillon, Marlboro, and Darlington Counties, making a significant impact on the health and well-being of the region's students.

For more information about CareSouth Carolina and its initiatives, please visit caresouth-carolina.com.

October Is Breast Cancer Awareness Month



October is more than just pumpkin spice lattes and fall foliage; it's a month dedicated to raising awareness about one of the most prevalent and life-altering diseases affecting women worldwide—breast cancer. Breast Cancer Awareness Month, marked by the iconic pink ribbon, is a time for reflection, education, and action.

This annual campaign shines a spotlight on the importance of early detection, regular screenings, and research funding. It's an opportunity to celebrate the strength and resilience of breast cancer survivors while honoring those we've lost to this disease.

Breast cancer knows no boundaries—it can affect women and men, young and old. It's a reminder that vigilance, regular self-exams, and mammograms are essential. In October, countless organizations, individuals, and communities come together to

host events, fundraisers, and educational programs to spread knowledge and raise funds for research and support services.

The sea of pink ribbons serves as a powerful reminder that, united, we can make a difference. By encouraging breast health awareness, early detection, and advancements in medical research, we move one step closer to a world where breast cancer no longer claims lives.

1 in 8 women in the United States will be diagnosed with breast cancer in her lifetime. In 2023, an estimated 297,790 women and 2,800 men will be diagnosed with invasive breast cancer. Chances are, you know at least one person who has been personally affected by breast cancer.

But there is hope. When caught in its earliest, localized stages, the 5-year relative survival rate is 99%. Advances in early detection and treatment methods have significantly increased breast cancer survival rates in recent years, and there are currently over 3.8 million breast cancer survivors in the United States.

If you have not had your mammogram, CareSouth Carolina can help you with a referral to get this important screening accomplished.

CareSouth Carolina's Community Health Fair in Dillon Gives Glimpse to Needed Health Services



Area residents came to CareSouth Carolina's Community Health Fair on Saturday, an event aimed at connecting communities with a wide range of healthcare resources and support.

The event, which took place at the Dillon Wellness Center, featured an array of offerings, including food, health resources, family support services, health and wellness guidance, giveaways, and essential health screenings.

"Our Community Health Fair evolved from our community-focused engagements across all five counties, particularly Dillon," CareSouth Carolina Chief of Community Health Joe Bittle said. "While the community was aware that we offered healthcare, they did not know the diverse range of resources we offer, such as community health workers and navigators."

In addition to primary care, CareSouth Carolina offers a comprehensive set of services, including internal medicine, pediatrics, women's services, OB/GYN, HIV/AIDS primary care, infectious disease primary care, IV therapy, substance abuse prevention, dental, chiropractic services, pharmacy, senior support services, family support services, clinical counseling, laboratory, ultrasound, X-Ray, agricultural worker health services, and much more.

"Our commitment goes beyond medical care," Bittle said. "We conduct Community Needs Assessments to identify and address specific needs, providing assistance in navigation and various other aspects. We offer a complete set of services designed to help individuals meet their needs.

A lineup of distinguished speakers, provided insights into the latest developments in Dillon County.

"Sharing is at the heart of this event," remarked Bittle. "We want everyone to be aware of the extensive support we provide for healthcare needs, daily living, and more. From diet and nutrition counseling to referrals for community resources, CareSouth Carolina aims to foster healthier and more empowered lives."

CareSouth Carolina Celebrates National Pharmacy Week

National Pharmacy Week (third full week of October) is a dedicated time to celebrate the essential role that pharmacies play in our healthcare system. It's a week to recognize the hard work and dedication of pharmacists and pharmacy staff in ensuring that individuals receive the right medications and healthcare advice. During this week, we also acknowledge the importance of accessible and affordable pharmacy services in our communities.

Located in nine of the CareSouth Carolina medical centers, CSC Community Pharmacies are staffed with knowledgeable and caring professionals who take pride in making the prescription-filling process both convenient and helpful, all while offering affordable prices.

One of the standout features of these pharmacies is their commitment to serving the community. CareSouth Carolina provides next-day delivery to all its medical centers, ensuring that patients can easily access their medications. Even if you are not a CareSouth Carolina patient, the CSC Community Pharmacy welcomes everyone and can be the right place for you and your family to meet your pharmaceutical needs.

Additionally, the CSC Community Pharmacies go the extra mile by offering free at-home delivery services at specific locations. If you prefer the convenience of having your medications delivered to your doorstep, you can contact the pharmacies in Chesterfield at 843-927-1030 or Bishopville at 803-588-7960 to set up at-home delivery.

For those interested in learning more about the pharmacy services provided by CareSouth Carolina, you can simply ask any staff member at any of their locations across the Pee Dee region. They will be more than happy to answer your questions and share the benefits of utilizing their pharmacy services.

Here are the CSC Community Pharmacy locations:

1. 1280 South Fourth Street, Hartsville, S.C. (843.339.5530)
2. 999 Cheraw Street, Bennettsville, S.C. (843.456.7777)
3. 545 Sumter Highway, Bishopville, S.C. (803.588.7960)
4. 122 Latimer Street, Latta, S.C. (843.627.6261)
5. 715 S. Doctors Drive, Suite A. Cheraw, S.C. (843.865.4080)
6. 737 S. Main Street, Society Hill, S.C. (843.378.4148)
7. 3080 Highway 15-401 E., McColl, S.C. (843-523-6212)
8. 204 Perry Wiley Way, Chesterfield, S.C. (843-927-1030)
9. 1016 Old Latta Highway, Dillon, S.C. (843-627-7154)



Throughout the year, these pharmacies are here to serve their communities with dedication and care, ensuring that everyone has access to the medications and services they need for their health and well-being.

For operating hours and more information, please give our staff a call and we'd be happy to answer any questions you might have.

Services:

Family Medicine
 Pediatrics
 Women's Care
 Behavioral Health Counseling
 Lab
 IV Therapy
 Internal Medicine
 Radiology/Ultrasound
 Chiropractic Care
 Dental Care
 Family Support Services
 Substance Abuse Prevention Program
 Infectious Diseases Primary Care
 Senior Support Services
 Community Pharmacy

Convenient Locations

Bennettsville Center
 999 Cheraw Street
 Bennettsville, SC 29512
 843.479.2341

Bennettsville Pediatric Center
 210 W. Main Street
 Bennettsville, SC 29512
 843.479.1200

Bennettsville Women's Center
 1076 Marlboro Way Road, Suite 1
 Bennettsville, SC 29512
 843.454.2294

Bishopville Center
 545 Sumter Highway
 Bishopville, SC 29010
 803.484.5317

Bishopville Pediatric Dental
 101 Harris Street
 Bishopville, SC 29010
 866.815.9845

Cheraw Center
 715 S. Doctors Drive Suite E
 Cheraw, SC 29520
 843.537.0961

Chesterfield Center
 204 Perry Wiley Way
 Chesterfield, SC 29709
 843.623.5080

Dillon Center
 1016 Old Latta Highway
 Dillon, SC 29536
 843.774.4337

Hartsville Center
 1268 S. Fourth Street
 Hartsville, SC 29550
 843.332.3422
 843.339.5520 Chiropractic

Lake View Center
 103 N. Kemper Street
 Lake View, SC 29563
 843.759.2189

Latta Center
 122 Latimer Street
 Latta, SC 29565
 843.627.6252

McColl Center
 3080 Highway 15-401 E.
 McColl, SC 29570
 843.523.5751

Society Hill Center
 737 S. Main Street
 Society Hill, SC 29593
 843.378.4501

Public Employee Health
 Services - Marlboro County
 100 Matheson Street
 Bennettsville, SC 29512
 843.456.7752

CSC Community Pharmacy Locations

HARTSVILLE
 1280 South Fourth Street
 843.339.5530

BENNETTSVILLE
 999 Cheraw Street
 843.456.7777

CHERAW
 715 S. Doctors Drive, Suite A
 843.865.4080

MCCOLL
 3080 Highway 15-401 E.
 843.523.6212

DILLON
 1016 Old Latta Highway
 843.627.7154

LATTA
 122 Latimer Street
 843.627.6261

BISHOPVILLE
 545 Sumter Highway
 803.588.7960

SOCIETY HILL
 737 S. Main Street
 843.378.4148

CHESTERFIELD
 204 Perry Wiley Way
 843.927.1030



Contact
 PO Box 1090
 Hartsville, SC 29551
 Telephone: 843.857.0111
 Fax: 843.857.0150
 Website: www.caresouth-carolina.com

Join CareSouth Carolina for the Fall Festival and Trunk or Treat Extravaganza



CareSouth Carolina is thrilled to invite the community to a spooktacular event, the Fall Festival and Trunk or Treat, on Saturday, October 28th, from 10:00 a.m. to 12:00 p.m.

This exciting gathering will take place at the CareSouth Carolina Hartsville Medical Office located at 1268 South Fourth Street. Best of all, admission is absolutely FREE! CareSouth Carolina Hartsville will also be open for tours of the updated facilities.

A Frighteningly Fun Time for All Ages

Prepare for an unforgettable experience filled with a myriad of exciting activities suitable for all ages. Highlights of the event include food, games, prizes, trunk or treating, and inflatables.

For more information on the event, please visit CareSouth Carolina's Facebook page.

CareSouth Carolina's Lee County Food Pantry in Urgent Need of Volunteers



CareSouth Carolina is reaching out to community individuals who are willing to make a difference by addressing food insecurity in the Lee County area. The CSC Resource Center and Food Pantry is in need of volunteers to help with various tasks including bagging food, sorting donations, loading food for clients, and assisting with client intakes.

Operating from Monday to Wednesday, between the hours of 9:00 a.m. and 4:00 p.m. (with a one-hour lunch break from 12:00 p.m. to 1:00 p.m.), the food pantry also welcomes volunteers on Mondays for prepping activities such as sorting foods and bagging items. The building, located at 106 Hospital Square, Bishopville, S.C., formerly served as Dr. Leon E. Hunt's medical office.

Whether you can spare half a day, an entire day, or commit to volunteering daily, your contribution will play a vital role in supporting our community.

By offering your time and effort, you can directly impact the lives of those facing food insecurity in our community.

To apply for a volunteer position, please contact Tameeka Lesane at 803-229-5843 and request an application form.