

# WHAT'S HAPPENING AT CSC!

# Welcome



Catherine Compton, DO

## Please welcome our New Provider

We are pleased to welcome Catherine Compton, DO to our Team. Dr. Compton blends her experience and professionalism with the personal care you have come to expect from CareSouth Carolina. She will be seeing patients at our Bishopville office.

Specializing in Internal Medicine

Learn more about CareSouth Carolina, Inc. at [www.Caresouth-Carolina.com](http://www.Caresouth-Carolina.com)

To make an appointment, please call 803-484-5317.

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545 Sumter Highway  
Bishopville, SC  
Phone: 803.484.5317



# Patient Connect

CareSouth Carolina, serving your local area since 1980.

September 2022

## CareSouth Carolina launches its first Community Garden in Society Hill



CareSouth Carolina representatives gathered on Wednesday, August 31, with Society Hill residents to kick-off the healthcare center's first community garden. The garden site is located behind St. David Academy on Main Street, in Society Hill, near the town's ballpark.

"We're very excited about this project," said Christy Beasley, CareSouth Carolina Community Health Educator, who is leading this opportunity.

"We have everything in place there at the site needed for a successful garden: soil, shovels, the raised bed frames, weed barriers."

We are planting a fall garden that will include lettuces, carrots, beets, onions and broccoli," Beasley said. "And everything will be grown from seeds," adding that, "a pack of seeds really goes a long way," something most people take for granted. Another thing people tend to take for granted, especially younger people, according to Beasley, is just where the food they eat comes from.

Those interested in taking part in this project can contact retired farmer and Society Hill resident Richard "Dick" Baird, the Volunteer in Charge, at 864-385-4653, for more details.

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## PATIENT PORTAL

Go to our website at [www.caresouth-carolina.com](http://www.caresouth-carolina.com) for more information.

## CareSouth Carolina will host a 5K on Saturday, Sept 17

Join us on Saturday, Sept. 17, 2022, at 8 a.m. for our annual Run2Care 5K benefiting CareFirst Carolina! The race will begin and end at the Hartsville YMCA.

All participants will be entered for a chance to win fabulous prizes including a 65" Smart TV, Apple iWatch or Apple iPad!

Registration fees: \$25 thru September 16th and \$30 on Race Day.

For information, please e-mail Amanda Adelman at [amanda.adelman@caresouth-carolina.com](mailto:amanda.adelman@caresouth-carolina.com) or Melissa Johnson at [melissa.johnson@caresouth-carolina.com](mailto:melissa.johnson@caresouth-carolina.com)!

All participants will be registered to win great prizes!



### MEDICAL LOCATIONS:

Hartsville • Society Hill • Bennettsville • Bishopville • Cheraw • Chesterfield • Dillon • Lake View • Latta • McColl

### PHARMACY LOCATIONS:

Hartsville • Society Hill • Bennettsville • Bishopville • Cheraw • Latta • McColl • Chesterfield

To make an appointment, please call 843.309.8301.

[www.caresouth-carolina.com](http://www.caresouth-carolina.com)

follow us:



## CareSouth Carolina welcomes new Internal Medicine Physician to Bishopville Center



CareSouth Carolina welcomes Internal Medicine Physician Catherine Compton, D.O. to its Bishopville Center, located at 545 Sumter Highway in Bishopville, S.C. Dr. Compton, who is originally from Kansas, attended Edward Via College in Spartanburg, S.C., where she earned her degree in Osteopathic Medicine.

Compton says she knew “at age 11” exactly what she wanted to do in terms of her career and was willing to put in the extra time it takes to become a D.O. “I ultimately chose D.O. over M.D. because they tend to focus more on the whole body and more holistic elements of medicine and we receive an additional 200 hours of training in osteopathic medical manipulation,” she said. “So really an understanding of the bones, and the fascia, and the tissue and how it works together.”

Dr. Catherine Compton

Compton treats a wide variety of medical issues and says she looks forward to educating patients in Bishopville. “Things that really affect rural populations – diabetes, hypertension – those are things that can really be adjusted by diet and lifestyle. I really like to treat diabetes, hypertension, acne, rosacea and migraines,” she said. “Education is a huge issue. Diet, exercise and what those things mean. For example, a lot of patients think they’re being healthy by eating a salad – but then they add a lot of cheese, ham, the dressing. So at the end of the day there’s no nutritional value to what they’re eating,” she explained.

In her free time, Compton enjoys baking, gardening, painting watercolors and taking long walks outside with her two dogs - Gryffin, a Golden Retriever, and Puff, a Great Pyrenees.

## CareSouth Carolina held a Groundbreaking Ceremony in Cheraw



Representatives from CareSouth Carolina as well as community leaders gathered on Thursday, August 25, 2022, at noon to celebrate a groundbreaking ceremony for its newest facility.

Located at 812 State Road, in Cheraw, S.C., the location will provide much-needed space and relieve overcrowding at the current location – 715 S. Doctors Drive, Suite E – according to CareSouth Carolina CEO Ann Lewis.

“Although CareSouth Carolina has had groundbreakings for three other new buildings over the past several years, this groundbreaking in Cheraw is especially exciting,” Lewis said. “The location is great and having this new building will solve the significant overcrowding problems in our current location. We look forward to expanding services and introducing new ones.”

CareSouth Carolina’s Chief of Community Health also attended the event. “This is great for Cheraw and the communities around, to be able to bring this facility here, and especially the location to make things more accessible to everyone,” Joe Bittle said.

## CareSouth Carolina and CSC Community Pharmacy hosted a Ribbon Cutting

CareSouth Carolina and CSC Community Pharmacy hosted a Ribbon Cutting ceremony to celebrate the opening of the Hartsville location’s pharmacy at noon on Thursday, August, 11, 2022. The pharmacy, located at 1268 South Fourth Street in Hartsville, opened its doors in June of 2020, but a celebration was delayed because of COVID restrictions.

“Having this new building for our Hartsville CSC Community Pharmacy with a drive-thru had been a dream for several years,” said Ann Lewis, CareSouth Carolina CEO.

Previously located inside the existing CareSouth Carolina medical office building at the same address, the need for more space arose and both Lewis and Ashley Singleton, Chief of Pharmacy, agree the new location offers a great deal more space and convenience.

Even if you are not a CareSouth Carolina patient, the CSC Community Pharmacy is open to all and has eight convenient locations that are open from 8:30 a.m. to 6 p.m. Monday through Friday. “CSC Community Pharmacy not only provides medications at significant discounts but helps support many CSC programs and services,” said Lewis.



## CareSouth Carolina Wins Best of the Best in Chesterfield!



Best Family Doctor  
Dr. Christina Biester



Friendliest Pharmacist  
Emily Caskey, PharmD

Two CareSouth Carolina employees were honored to be voted Best of the Best in the Chesterfield Shopper!

Dr. Christina Biester was voted Best Family Doctor!

Emily Caskey, PharmD, was voted Friendliest Pharmacist!

Both work at our Chesterfield Center located at 204 Perry Wiley Way.

Thank you to everyone who voted for these well deserving employees!