

WHAT'S HAPPENING AT CSC!

CareSouth Carolina Offices will be closed on Wednesday, December 14, 2022 For A Staff Meeting.



Patient Connect

CareSouth Carolina, serving your local area since 1980.

December 2022

SATURDAY HOURS

HOURS
9AM - 1PM

1268 S. FOURTH STREET
HARTSVILLE, SC



WALK-INS WELCOME



OPEN ENROLLMENT

There has been some major changes in the Affordable Health Insurance Network. Before automatically re-enrolling in your plan, speak with our CareSouth Carolina Counselors and Navigators to discuss how any changes may affect your plan.

NEED AFFORDABLE HEALTH INSURANCE?

OPEN ENROLLMENT

November 1, 2022 to January 15, 2023

Have Questions about Renewing or changing your health plan?

NEED HEALTH INSURANCE?

HAVE QUESTIONS ABOUT RENEWING YOUR HEALTH PLAN?

NEED TO REPORT A LIFE CHANGE?

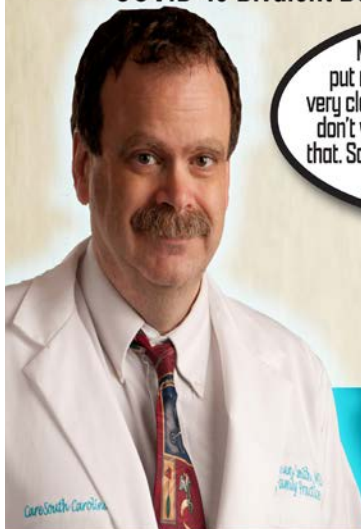


CareSouth Carolina offers **FREE** Assistance in Navigating the Health Insurance Marketplace.

Call 866.498.0399 to make an appointment.



COVID-19 Bivalent Booster is now available.



My First Episode of COVID put me in the hospital and I came very close to being on the vent. I really don't want a repeat performance of that. So I keep my vaccines up to date.
- Dr. Stephen Smith

Ages 5 & Up
FDA Authorized
Available at No Cost

If you would like to make an appointment, please call 843-309-8301.

Pfizer
Available at
Hartsville Site Only

Moderna
Available at Bishopville,
Chesterfield, McColl &
Latta Sites Only

Boost Your Immunity This Season!



primary vaccination or booster.

Boost Your Immunity to COVID This Season!

CareSouth Carolina is offering the COVID-19 Bivalent Booster for eligible patients.

The Pfizer vaccine is available at our Hartsville office for patients ages 5 and up. The Moderna vaccine is available at our Bishopville, McColl and Latta offices for ages 18 and up.

These new boosters are called "bivalent" and provide protection against two different COVID-19 strains: the original and the highly contagious omicron variant. The single-shot bivalent boosters may be administered at least two months following the

Walk-ins are welcome at these locations, but if you would like to make an appointment, please call 843-309-8301. For a detailed list of days and times, visit the CareSouth Carolina website at www.caresouth-carolina.com.

MEDICAL LOCATIONS:
Hartsville • Society Hill • Bennettsville • Bishopville • Cheraw • Chesterfield • Dillon • Lake View • Latta • McColl

PHARMACY LOCATIONS:
Hartsville • Society Hill • Bennettsville • Bishopville • Cheraw • Latta • McColl • Chesterfield

To make an appointment, please call 843.309.8301.

www.caresouth-carolina.com

follow us:



Holiday Schedule

December 23rd - Closed
December 26th - Closed
January 2nd - Closed

Flu Shots are Available at all CareSouth Carolina Locations



Seasonal influenza activity is high and continues to increase across the country. Healthcare officials are recommending getting the vaccine as soon as possible. "The best defense against the flu is the vaccine," said CareSouth Carolina Chief of Nursing Tracie Thigpen. "And the best time to get the vaccine is now."

According to the Centers for Disease Control (CDC), so far this season, there have been at least 8.7 million illnesses, 78,000 hospitalizations, and 4,500 deaths from flu. Two influenza-associated pediatric deaths were reported this week, for a total of 14 pediatric flu deaths reported so far this season.

The flu is a contagious respiratory illness caused by the influenza virus and can be transmitted through close contact with an infected person. Symptoms may include a sudden onset of fever, cough, headache or muscle aches, tiredness, sore throat and nasal congestion. The flu can cause serious infections like pneumonia.

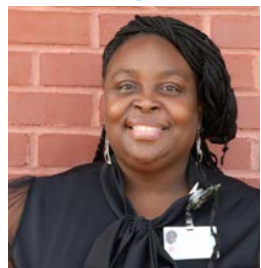
The CDC recommends that everyone 6 months and older get a flu vaccine every season because it can reduce flu illnesses, doctors' visits, hospitalizations and has been shown to be life-saving.

Thigpen also advises those 65 and older get the high-dose vaccine that was recently approved.

Flu vaccines are safe. Hundreds of millions of flu vaccines have been safely given to Americans for more than 50 years. Vaccination helps protect women during and after pregnancy. Flu vaccination during pregnancy also helps protect babies from flu for the first several months after birth when they are too young to be vaccinated. Flu vaccination can lower the risk of serious outcomes from heart disease and diabetes.

To schedule your flu shot, contact our office at 843-309-8301.

Jaquetta Graham named SC Community Health Worker of the Year



Jaquetta Graham
Family Support Program
Coordinator

CareSouth Carolina Family Support Service (FSS) Program Coordinator Jaquetta Graham has been named the Community Health Worker of the Year by the South Carolina Community Health Worker Association. "This award is given to the Community Health Worker (CHW) for their outstanding service and excellence in the CHW profession and the work they do within the community and within their organizations," said CareSouth Carolina Community Services Director Marek Calhoun. "I have a strong passion for people to be successful, especially being out in the community and helping people to be their healthiest," Graham said.

Two areas of healthcare Graham is particularly focused on improving are diabetes and mammograms. "We see a lot of people that are pre-diabetic and we want to educate them about their A1C, make sure they're getting their annual screenings and managing their diabetes," Graham said. "Also, I have been able to help with mammograms. I actually have a close friend who I encouraged to get a screening and they found cancer."

Graham will be presented with the award at the December 16th ceremony in Columbia hosted by the South Carolina Community Health Worker Association (SCCHWA).

Healthy Holidays Tips will air throughout the month of December

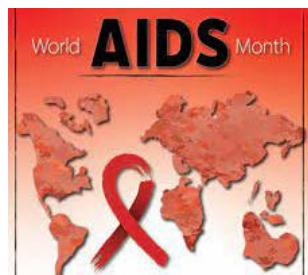


Find our videos posted
on our Facebook page at
[@CareSouthCarolinaInc](https://www.facebook.com/CareSouthCarolinaInc)

CareSouth Carolina will be posting videos on its Social Media pages throughout the month featuring tips for staying healthy during the holidays. Many people can experience feelings of anxiety or depression during the holiday season. People with existing mental health conditions should take extra care to tend to their overall health and wellness during this time.

These temporary feelings of anxiety or depression are often referred to as the "holiday blues" and when paired with Seasonal Affective Disorder (SAD) a type of depression that's related to changes in season and less daylight, people can often find themselves feeling overwhelmed, explains Jocelyn Boyer, MSW, LISW-CP, a Behavioral Health Counselor at CareSouth Carolina's Hartsville location. Boyer, who is featured in the first installment of the video series, said that she and her colleagues "notice a higher instance of depression, anxiety and substance abuse," this time of year. To schedule an appointment with one of our behavioral health professionals, call 843-309-8301.

December is HIV/AIDS Awareness Month



Since 1988, December has been designated as World AIDS month, bringing attention to the HIV epidemic, to increase HIV awareness and knowledge, to speak out against the HIV stigma, and to call for an increased response to move toward ending the disease. Acquired Immunodeficiency Syndrome (AIDS) is a life-threatening condition caused by the Human Immunodeficiency Virus (HIV). The HIV virus attacks the immune system of the patient and reduces its resistance to other diseases. Government and health officials, non-governmental organizations, and individuals around the world observe the month, often with education on AIDS prevention and control.

According to the Centers for Disease Control (CDC) as of 2020, AIDS has killed 36.3 million people worldwide and an estimated 37.7 million people are living with HIV, making it one of the most important global public health issues in recorded history.

CareSouth Carolina, through Care Innovations, provides comprehensive HIV/AIDS primary health care for individuals in Chesterfield, Darlington, Lee, Dillon and Marlboro Counties.

For more information about these services, call 843-339-5527.