# CareSouth Carolina offering walk-in & pointments for

CareSouth Carolina is offering appointments and taking walk-ins for the COVID vaccine in several office locations.

For a complete list of sites offering COVID Vaccinations, please visit our website at www.caresouth-carolina.com

In addition, the MOBY units are providing COVID-19 vaccines at community locations. The schedule for these vaccine clinics can be found in our calendar section on our website. Walk-ins are welcome and you DO NOT need an appointment.







Available at No Cost - Do Not Have to be a Patient

**Bennetsville Pediatric Center** 210 W. Main Street Bennettsville, SC 843.479.1200

Hartsville **Pediatric Center** 1268 S. Fourth Street Hartsville, SC 843.332.3422



CareSouth Carolina, serving your local area since 1980.

**SEPTEMBER 2021** 

## New COVID-19 Testing Procedures at CareSouth

At CareSouth Carolina, we are committed to improving the health and well-being of everyone and will be implementing new COVID-19 testing guidance to ensure we are following the most updated guidance from the CDC (Centers for Disease Control).

- 1. If you have tested positive for COVID-19 in the last 90 days, retesting is NOT recommended. If you have developed new onset of symptoms or need clearance to return to work, you will be offered a telehealth visit to discuss with a provider.
- 2. If you have been exposed to someone with COVID-19 but DO NOT have symptoms, you need to wait at least 5 days from exposure to be tested. Testing earlier than 5 days after exposure is ONLY recommended if you are having symptoms.
- 3. If you have NOT been exposed to someone with COVID-19, but you ARE having symptoms, get tested.
- 4. If you have NOT been exposed to someone with COVID-19 and you are NOT having symptoms, you may still get tested but ONLY if you have not been tested in the last 5

We offer both rapid antigen and PCR (molecular send-out) testing. Rapid testing availability varies by location and current supply. In certain circumstances, PCR (send-out) testing may be more appropriate for your situation and may be the only test offered to you.

COVID-19 Drive-Thru Testing is available at all of our CareSouth Carolina locations. Please visit our locations page on our website to find a CareSouth Carolina location near you.

Monoclonal Antibody **IV** Therapy Available at CSC Hartsville Office

CareSouth Carolina is offering Monoclonal Antibody IV Therapy for qualifying patients at the CSC Hartsville office, located at 1268 S. Fourth Street.

Patients who started showing symptoms from COVID-19 within the last 10 days who are ages 12 or older, at least 88 pounds and have mild to moderate symptoms may qualify.

The goal of this therapy is to decrease hospitalizations & emergency room visits due to symptoms of COVID-19 and to prevent the patient from progressing to severe disease. This treatment is also used to prevent potential long-term damage from COVID-19.

You do not need a doctor's referral to receive the Monoclonal Antibody treatment. If you'd like more information or to set up an appointment, please call 843-758-0044.

#### **MEDICAL LOCATIONS:**

Hartsville • Society Hill • Bennettsville • Bishopville • Cheraw • Chesterfield • Dillon • Lake View • Latta • McColl **PHARMACY LOCATIONS:** 

Hartsville • Society Hill • Bennettsville • Bishopville • Cheraw • Latta • McColl To make an appointment, please call 866.498.0399.

www.caresouth-carolina.com



# CareSouth Carolina administering 3rd Doses of COVID-19 Vaccine

CareSouth Carolina is now administering 3rd doses of COVID-19 Vaccine to qualifying individuals.

The FDA has amended the EUA (Emergency Use Authorization) for Moderna and Pfizer COVID-19 vaccinations to allow for a third dose administration in individuals aged 12 and up who are moderately or severely immunocompromised with one of the following health conditions:

- Active or recent treatment for solid tumor and hematologic malignancies.
- Receipt of solid-organ or recent hematopoietic stem cell transplants.
- Moderate or severe primary immunodeficiency (e.g., DiGeorge, Wiskott-Aldrich syndromes).
- Advanced or untreated HIV infection.
- Active treatment with high-dose corticosteroids (i.e., ≥20mg prednisone or
  equivalent per day), alkylating agents, antimetabolites, transplant-related immunosuppressive drugs, cancer
  chemotherapeutic agents classified as severely immunosuppressive, tumor-necrosis (TNF) blockers, and other biologic
  agents that are immunosuppressive or immunomodulatory.
- Third doses are only for patients who received a Moderna or Pfizer vaccine. There is currently no recommendation for patients who received a Johnson & Johnson (Janssen) vaccine to receive another vaccine dose.
- The CDC recommends that your third dose be the same product as your first two doses (Moderna or Pfizer), however if that product is unavailable you can receive either Moderna or Pfizer as your third dose.

Third doses for any other patients have NOT been approved at this time.

A doctor's order is not required for to receive the third dose, however you must sign an attestation statement certifying that you have been diagnosed with one of the above condition.

The third dose must be given at least 28 days after you received your second dose. You must have an appointment. Call your local CareSouth Carolina office to schedule an appointment or visit our website for the entire vaccine schedule.

#### What is the difference between a booster dose and an additional dose (third dose)?

Sometimes people who are moderately to severely immunocompromised do not build enough (or any) protection when they first get a vaccination. When this happens, getting another dose of the vaccine can sometimes help them build more protection against the disease. In contrast, a "booster dose" refers to another dose of a vaccine that is given to someone who built enough protection after vaccination, but then that protection decreased over time (this is called waning immunity). \*Please look for information on CareSouth Carolina website in September on booster doses. We are currently NOT offering booster doses. The FDA is still reviewing data and is expected to authorize booster doses in late September.

### September is National Childhood Obesity Awareness Month

About 1-in-5 (19%) children in the United States has obesity and National Childhood Obesity Awareness Month provides a chance for all of us to learn more about this serious health condition.

#### Childhood Obesity Is Influenced by Many Factors

Many factors can have an impact on childhood obesity, including eating and physical activity behaviors, genetics, metabolism, family and home environment, and community and social factors. For some children and families, obesity may be influenced by the following:

- too much time spent being inactive
- lack of sleep
- lack of places to go in the community to get physical activity
- easy access to inexpensive, high calorie foods and sugary beverages
- lack of access to affordable, healthier foods

#### Parents and Caregivers Can Help Prevent Obesity and Support Healthy Growth

- Be aware of your child's growth. Learn how obesity is measured in children, and use CDC's Child and Teen BMI Calculator to screen your child for potential weight issues.
- Provide nutritious, lower-calorie foods such as fruits and vegetables in place of foods high in added sugars and solid fats. Try
  serving more fruit and vegetables at meals and as snacks.
- Make sure drinking water is always available as a no-calorie alternative to sugary drinks and limit juice intake.
- Help children get the recommended 60 minutes of physical activity each day.
- Make sure your child has healthy sleep habits.
- Be a role model! Eat healthy meals and snacks, and get the right amount of physical activity every day.



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