

# CSC celebrates Native American Heritage Month

**NATIVE AMERICAN HERITAGE MONTH**

November is Native American Heritage Month, or as it is commonly referred to, American Indian and Alaska Native Heritage Month.

The month is a time to celebrate rich and diverse cultures, traditions, and histories and to acknowledge the important contributions of Native people. Heritage Month is also an opportune time to educate the general public about tribes, to raise a general awareness about the unique challenges Native people have faced both historically and in the present, and the ways in which tribal citizens have worked to conquer these challenges.



# Patient Connect

CareSouth Carolina, serving your local area since 1980.

NOVEMBER 2021

## CareSouth Carolina Administering all COVID-19 Vaccine Booster Shots



Per the latest guidance from the CDC and FDA, CareSouth Carolina will begin administering the Moderna and Johnson & Johnson COVID-19 Vaccine booster shots at its office locations. CareSouth Carolina was already administering the Pfizer COVID-19 booster shot. Appointments and walk-ins are welcome.

Individuals who received the Moderna or Pfizer vaccine can get a booster vaccine six months after being fully vaccinated. Individuals who received the Johnson & Johnson vaccine can get a booster two months after receiving the shot.

The schedule for the COVID-19 vaccine at CareSouth Carolina offices and our Moby units can be found on the website at [caresouth-carolina.com](https://caresouth-carolina.com).

**ENROLLMENT DATES**  
There has been some major changes in the Affordable Health Insurance Network. Before automatically re-enrolling in your plan, speak with a CareSouth Carolina Counselor or Navigators to discuss how any changes may affect your plan.

NEED AFFORDABLE HEALTH INSURANCE?

**OPEN ENROLLMENT**

November 1, 2021 - January 15, 2022

Must be enroll by December 15, 2021 for coverage to start on January 1, 2022.

- NEED HEALTH INSURANCE?
- HAVE QUESTIONS ABOUT RENEWING YOUR HEALTH PLAN?
- NEED TO REPORT A LIFE CHANGE?

CareSouth Carolina offers **FREE Assistance** in Navigating the Health Insurance Marketplace.

Call 866.498.0399 to make an appointment.

USDA SNAP

Prediabetes is a serious health condition where your blood sugar levels are higher than normal, but not high enough yet to be diagnosed as type 2 diabetes. According to the CDC, more than 1 in 3 U.S. adults have prediabetes—that's 88 million people—but the majority of people don't know they have it.

The good news is that by making small healthy lifestyle changes, it is possible to prevent type 2 diabetes and even reverse your prediabetes.

Here are some tips to help manage prediabetes and prevent diabetes:

- Take small steps in changing your lifestyle and daily habits
- Move more and spend less time sitting
- Choose healthier foods and drinks
- Lose weight, track it, and keep it off
- Seek support from healthcare professionals and your loved ones
- Stay up-to-date on vaccinations



### MEDICAL LOCATIONS:

Hartsville • Society Hill • Bennettsville • Bishopville • Cheraw • Chesterfield • Dillon • Lake View • Latta • McColl

### PHARMACY LOCATIONS:

Hartsville • Society Hill • Bennettsville • Bishopville • Cheraw • Latta • McColl

To make an appointment, please call 866.498.0399.

[www.caresouth-carolina.com](https://www.caresouth-carolina.com)

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# Alexia W. McKoy, MSN, APRN, FNP Joining Lake View Office



CareSouth Carolina provider Alexia W. McKoy, MSN, APRN, FNP, will be bringing a new service to the Lake View area in Medicated Assisted Treatment.

McKoy has served as a provider in CareSouth Carolina's Bennettsville office since 2016 and will now be seeing patients in the Lake View office. She specializes in family & preventive medicine, as well as Medication Assisted Treatment (MAT).

Medication Assisted Treatment (MAT) is the use of medications in combination with counseling and behavioral therapies, which has been proven effective in the treatment of opioid use disorders (OUD) and can help some people to sustain recovery.

Alexia W. McKoy, MSN, APRN, FNP

"I did several clinicals at CareSouth Carolina and I always wanted to work here because we are able to help people who may not have access to care otherwise," McKoy said.

McKoy will be replacing Sherry R. Causey, FNP, who retired from the Lake View office after 19 years of service.

"I just hope to bring to the Lake View community what Mrs. Sherry [Causey] brought," "From increasing better results in people who have diabetes or hypertension to being a provider who is there for locals, I just hope to be someone who provides quality care to that community."

McKoy said she will use all the tools in her arsenal to give patients the best health outcomes possible.

"My care style is treat everybody like they are my momma," McKoy said. "I'm going to do everything within my ability to take care of you."

Outside of work, McKoy says she enjoys spending time with her family, including her children and her sisters.

## Get Your Care & Medicine All Under ONE ROOF

Did you know CareSouth Carolina offers pharmacy services that are convenient and may be more affordable than your current pharmacy?

### CSC Community Pharmacies offer:

- The convenience of getting your medicine at the same location as your doctor's office
- Affordable & Competitive pricing
- Fast fill times so that you don't have to wait long hours for your medication
- Direct communication with your provider so that any questions or problems that may arise can be resolved seamlessly.
- Friendly staff members who care & know you by name.

All CSC Community Pharmacy locations are open from 8:30 a.m. to 6 p.m. Monday through Friday.

### CSC Community Pharmacy Locations:

- 1280 South Fourth Street, Hartsville, S.C. 843.339.5530
- 999 Cheraw Street, Bennettsville, S.C. 843.456.7777
- 545 Sumter Highway, Bishopville, S.C. 803.588.7960
- 122 Latimer Street, Latta, S.C. 843.627.6261
- 715 S. Doctors Drive, Suite A, Cheraw, S.C. 843.865.4080
- 737 S. Main Street, Society Hill, S.C. 843.378.4148
- 3080 Highway 15-401 E., McColl, S.C. 843-523-6212

If your office does not have a CSC Community Pharmacy, CareSouth Carolina offers next-day delivery for medications to your provider's office for convenient pickup. In addition, CSC Community Pharmacies are a part of the 340B Program, which opens the door for a multitude of programs and opportunities to save you money.

If you'd like to know more about our friendly, fast & affordable pharmacy services, please talk with your medical team today! "This is a great chance to network, develop relationships and share ideas that will ultimately help me become a better leader and caregiver."

**WE'VE GOT YOUR MEDICINES COVERED**

Rx

DATE \_\_\_\_\_ PATIENT NAME \_\_\_\_\_

ADDRESS \_\_\_\_\_

\_\_\_\_\_

*All Prescriptions are Welcome.*

**Affordable • Competitive • Fast Fill Times**

**CSC Community Pharmacy**

**Seamless Convenience from Provider to Pharmacy!**