

# WHAT'S HAPPENING AT CSC!

**Opening June 17th**

**McColl Health & Wellness Center**



3080 Highway 15-401 E.  
McColl, SC  
843.523.5751



We Accept:  
Medical • Medicare • Private Insurance • Sliding Fee



# Patient Connect

CareSouth Carolina, serving your local area since 1980.

JUNE 2019

**Opening June 24**



**careSOUTH carolina**  
Bishopville  
Pediatric Dental  
Office

Accepting New Patients  
Up to Age 19

Services will include:

Exams • Cleanings • X-rays • Restorative • Extractions

To Schedule an appointment, please call 866.815.9845.

101 Harris Street  
Bishopville SC 29010

8:00AM-5:00PM  
Monday, Tuesday & Friday

SPONSORSHIP OPPORTUNITIES AVAILABLE!

**RUN2CARE 5K** Run/Walk

**Saturday, September 21, 2019**

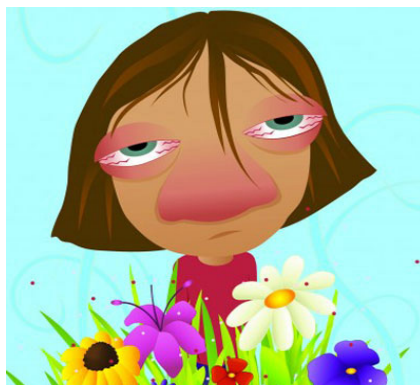
All participants will be entered for a chance to win\* fabulous prizes!

Starts at 8:00AM

REGISTRATION FEES:  
\$25 THRU September 21st  
\$30 on Race Day

Register online at:  
<http://caresouthcarolinarun2care5k.itsyourrace.com/>

For more information, please call 843-309-8347.



## SEASONAL ALLERGIES. YOU ARE NOT ALONE!

From late February all the way into July, more than 50 million Americans struggle with seasonal allergies that manifest themselves in several different ways. As a matter of fact, studies show that seasonal allergies are found in more than just "pollen season." Any change in climate can cause symptoms to arise, no matter whether that be in the summer, winter, spring or fall.

### Some Treatment Options Include:

- Saline nose spray – These can be used throughout the day to help flush out pollen triggers.
- Eye drops – These can help with itchy and dry eyes, which can be a major problem during pollen season.
- Oral antihistamines – These are available over the counter to prevent and counteract symptoms.
- Combination Medications – These combine an antihistamine with a decongestant.

Always check with your primary care provider to ensure that over-the-counter products will not interfere with other medications you take. Also, be aware that over-the-counter allergy options may include a decongestant that can elevate blood pressure and heart rate.

### 5 Tips to Manage Spring Allergies:

1. Try to stay indoors during pollen's peak times. Typically, this is in the morning.
2. Keep your doors and windows closed during the spring and summer months. (This can also help with your power bill.)
3. Clean and replace air filters in your home often.
4. Wash your hair after going outside because allergens can collect there.
5. Vacuum your house often because pollen, as well as dust and other substances can be trapped in carpet.

*Welcome*



Please welcome our New Provider

Katelon Smith, FNP-C

**Accepting New Patients**

To make an appointment, please call 843-332-3422.

### MEDICAL LOCATIONS:

Hartsville • Society Hill • Bennettsville • Bishopville • Cheraw • Chesterfield • Dillon • Lake View • Latta • McColl

### PHARMACY LOCATIONS:

Hartsville • Society Hill • Bennettsville • Bishopville • Cheraw • Latta

To make an appointment, please call 866.498.0399.

[www.caresouth-carolina.com](http://www.caresouth-carolina.com)

follow us:



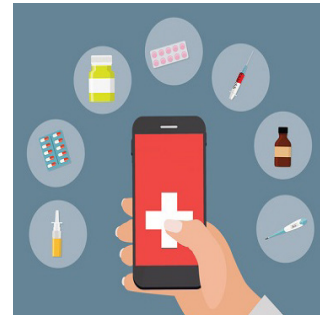
# CareSouth Carolina Unveils New Technology

CareSouth Carolina is unveiling a program to help our patients receive access to valuable health information through one of the most popular communication platforms in the world today: Text Messaging.

Through CareMessage, patients can receive health education tips regarding chronic diseases, knowledge on programs being offered and a variety of other useful health information all through text messages.

Before a patient receives a text of any kind from CareMessage, they receive an opt-in message. If they choose to opt-in, they will be enrolled in specialized educational programs based on their gender, health conditions and risks.

Since starting the program, CareSouth Carolina has had more than 36,000 active users.



## Fresh Produce “Pop Ups” at CareSouth Carolina Locations

CareSouth Carolina will be offering fresh produce at several of its medical locations to promote healthy dieting and proper nutrition across the Pee Dee.

The produce stand will be set up from 10 a.m. to 6 p.m. on Tuesdays at CareSouth Carolina’s Bishopville main site (545 Sumter Hwy); from 10 a.m. to 6 p.m. on Wednesdays at the Hartsville medical center (1268 South Fourth Street); from 10:30 a.m. to 6 p.m. at the Bennettsville main site (999 Cheraw Street) Thursdays; and every other Friday at the Rosa Lee Gerald Center (737 South Main Street, Society Hill).

Visa, Mastercard, Discover, Local Checks, Money Order, Cashier’s Checks and Cash are accepted.

## June is National Men’s Health Month

The purpose of National Men’s Health Month is to heighten the awareness of preventable health problems and encourage early detection and treatment of disease among men and boys.

### Quick Facts (from the Center for Disease Control-CDC):

- Men are 100 percent less likely to visit the doctor for annual examinations and preventative services than women.
- On average, men die almost five years earlier than women.
- Depression in men often goes undiagnosed and can contribute to the fact that men are 4 times as likely to commit suicide.

During the month of June, people are encouraged to wear blue for Men’s Health Month to raise awareness about health issues impacting men like prostate and testicular cancers. Men are encouraged to make appointments with their primary care provider for health screenings, examinations and preventative treatment.

## New Health Initiative Brought to Lee County

CareSouth Carolina is partnering with Lee County to bring an all-new healthcare program exclusively for those employed by agencies insured through the Public Employee Benefit Authority (PEBA). This includes county, school district, municipal and state government employees and retirees in the area.

Beginning in June, CareSouth Carolina will offer primary care exclusively for public employees and their dependents in a separate suite located in the SCDHEC office in Bishopville as part of its new “Public Employee Health Services—Lee County” program.

The suite (810 Brown Street- Suite 1) will have its own entrance on the side of the building and will be available to offer physical examinations, diagnosis and treatment of many common acute and chronic conditions, medication prescription and management, wellness visits, drug testing, flu vaccines and many other services.

For more information on the site, please contact 803.588.7943.

**OPENING JUNE 24**

Public Employee Health Services – Lee County

Adam Guite, APRN

810 Brown Street  
Suite 1  
Bishopville, SC 29010  
(Separate entrance in back of DHEC building. Look for CareSouth Carolina sign)

**ACCEPTING NEW PATIENTS**

To make an appointment, please call 803.588.7943.

Convenient Services Including:  
Family Medicine  
Physicals  
Wellness Visits  
DOT Physicals  
AND MORE!

Offering Services to All Public Employees and their dependents.

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