

# What's Inside.....

**P1** / CareSouth Carolina  
Opens McColl Health &  
Wellness Center

**P2** / Seeing Double: The  
Worsham Twins

**P3** / Patient Success Story

## STAY CONNECTED

CHECK OUR FACEBOOK AND WEBSITE OFTEN FOR UP-TO-DATE  
INFORMATION ON OPENINGS, EVENTS, CAREER OPPORTUNITIES  
AND OTHER IMPORTANT NEWS FROM CARESOUTH CAROLINA!

WWW.CARESOUTH-CAROLINA.COM  
FACEBOOK.COM/CARESOUTHCAROLINA

TWITTER.COM/CARESOUTH  
INSTAGRAM/CARESOUTHCAROLINA



# careConnect

CareSouth Carolina, serving your local area since 1980.

2019

FALL EDITION

## CareSouth Carolina opens state-of-the-art McColl Facility



CareSouth Carolina opened the doors of its newest, state-of-the-art medical care facility on June 17th. Lillian Locklair (left), was the first patient to check in. Pat Graham, Site Administrator, presents her a gift.

CareSouth Carolina opened the doors to its state-of-the-art McColl Health & Wellness Center on Monday, June 17.

The new facility, located at 3080 Highway 15-401 E, has a total of 28,992 square-foot and more than quadruples CareSouth Carolina's capacity to provide services to Marlboro County and its surrounding areas. "With the extraordinary generosity of the Charles W. and Dorothy Love Foundation, this building is a beautiful testament to their love and commitment to McColl," CareSouth Carolina CEO Ann Lewis said. "While Dr. Love served on the CareSouth Carolina Board of Directors, his love and compassion was evident and heartfelt. Not only for the folks in the McColl area but for the needs of the underserved in all of the CareSouth Carolina service area."

The center will offer space for additional primary care providers, behavioral health counseling, lab services, family support services and senior support services.

"To be able to have a state-of-the-art facility and have all these services available in one space will make a difference in the lives of our patients and the community," said McColl Site Administrator Pat Graham. "We've gotten to see the building go up in every phase and we're so thankful to have a facility where we can serve this community."

In the coming months, the location will open a CSC Community Pharmacy with a convenient drive-thru, and unveil many new medical services, including x-ray, ultrasound, dental services and physical therapy. The new facility will house a state-of-the-art Cardiac Rehab with a therapy pool and whirlpool, a gym with exercise equipment, coffee bar and a teaching kitchen.

In addition to medical, dental and wellness services provided, the CareSouth Carolina McColl Health & Wellness Center has a Helipad on its property.

"This is an absolute must in a county that doesn't have a hospital," Graham said. "If there is an accident or a disaster, the EMS, sheriff's department or fire department can call in a helicopter for services into the community and can airlift patients that may have experienced a traumatic accident at any time. This can save lives and it was something we absolutely needed."

# Seeing Double: Identical Twins Work in Pediatrics at CareSouth Carolina



Identical Twins (left to right) Heather Worsham, MSN, APRN, CPNP at Hartsville Pediatrics and Lauren Worsham, MSN, APRN, CPNP of Bennettsville Pediatrics.

They even wear the same Minnie Mouse pin on their lab coats.

Heather and Lauren Worsham, identical twins, both serve as nurse practitioners in pediatrics at CareSouth Carolina.

Heather- at the Hartsville site- and Lauren- at the Bennettsville site- say they didn't discuss choosing the same profession, but rather it just happened naturally.

"We've always had a lot of the same interests and likes," Heather said. "We both worked with kids growing up and we both came to the decision that we wanted to be in health care."

Though the two traveled around the country as children- living in Georgia, Oklahoma, Kentucky and Texas- they ultimately call the Pee Dee home, moving to Cheraw around middle school and growing up in the area.

Both Heather and Lauren attended the College of Charleston before completing their Bachelor of Science degrees in Nursing as well as their Masters of Science degrees in Nursing at the Medical University of South Carolina (MUSC).

Initially, Heather was in the Pediatric Nurse Practitioner program and Lauren was in the Neonatal Nurse Practitioner program, but after clinical work, Lauren decided to transfer over to pediatrics.

"I fell in love with pediatrics and decided to go that route," Lauren said. "Kids are great. Even when they're sick, they still want to play and are always looking on the bright side. That positivity and hopefulness is fun to be around."

Heather said she hopes to make a difference by working in pediatrics.

"They're resilient, they say the funniest things and they do the funniest things," Heather said. "One of the great things about working with kids is that you can work on prevention. If we can teach them healthy habits and help them understand the importance of taking care of themselves, we can prevent a lot of those health issues that are currently affecting society today."

Lauren was the first of the two twins to work at CareSouth Carolina. After about a year in the Bennettsville Pediatric office, an opening became available in the Hartsville Pediatric office and she encouraged her sister to apply.

"I love the people that I work with and I love the emphasis we put on being a part of the community," Lauren said. "So, when there became an opportunity, I told her about it and she got it."

The twins said friends and patients sometimes confuse them for one another, but despite being identical, they've never participated in a 'Parent Trap' type of scheme.

"At least once a week, we have to explain that we're twins," Lauren said. "I'll come to her [Heather's] office and people will look confused and ask 'didn't I just see you?' as I'm walking in. Sometimes, I'll see someone in the supermarket and they'll come up and say 'Hey Ms. Heather' and I just go along with it, or vice versa. But, as far as schoolwork or trading places for fun, we never did that."

Outside of work, Lauren and Heather like to spend time with their family and travel. Their favorite place to go is Walt Disney World. In addition to traveling, the twins enjoy baking together.

To make an appointment with Heather at the Hartsville pediatric office, please call 843-332-0118. To make an appointment with Lauren at the Bennettsville pediatric office, please call 843-479-1200.

Proceeds Benefit  
care FIRST  
carolina

care SOUTH  
carolina

**RUN2CARE**  
5K Run/Walk

**SPONSORSHIP OPPORTUNITIES AVAILABLE!**

**Saturday, September 21, 2019**

**All participants will be entered for a chance to win\* fabulous prizes!**

**Starts at 8:00AM**

**REGISTRATION FEES:**  
**\$25 THRU September 21st**  
**\$30 on Race Day**

Register online at:  
<http://caresouthcarolinarun2care5k.itsyourrace.com/>

**For more information, please call 843-309-8347.**

RACE WILL BEGIN AND END AT THE  
HARTSVILLE YMCA (111 E. Carolina Avenue)

USDA SNAP

# CareSouth Carolina awards Community Partnership Award



(r) Ann Lewis, CEO at CareSouth Carolina, presents the partnership award to (l) Dr. John Kirby, Superintendent of Latta Schools.

CareSouth Carolina awarded the Community Partnership Award to Dr. John Kirby, Superintendent of Latta Schools, at its August departmental meeting at the SiMT Building. The Community Partnership Award is given to people and organizations in the area to recognize their distinguished partnership with CareSouth Carolina to serve and aid the community.

“Dr. John Kirby has been an essential partner with CareSouth Carolina in many endeavors – the startup of our office in Latta and the implementation of telehealth services in the Latta area schools,” CareSouth Carolina CEO Ann Lewis said. “His support and leadership paves the way for essential growth and development of health care services in Dillon county and the Latta area.”

Dr. John Kirby was selected as the Community Partnership Award recipient

for his heavy involvement in promoting health education to the students of the district by teaching them to be proactive with their care and for his partnership with CareSouth Carolina to enable better access to care in the community of Latta.

“I was truly humbled as this year’s award recipient. I accepted this award on behalf of my dedicated school staff that perform so effectively and efficiently which allows me time to develop partnerships that will improve our community as a whole,” Dr. Kirby said. “Our partnership with CareSouth Carolina in Latta provides much needed affordable health care for our citizens that improves the quality of life of their families, the school system, our churches, local businesses and industries and the community at large.”

Dr. Kirby said CareSouth Carolina’s mission to provide affordable and high-quality health care to everyone has made the partnership invaluable.

“Having healthier citizens allows our community to reach goals for our community to thrive and not just survive,” Dr. Kirby said. “I am so proud that CareSouth Carolina realized the need for health services in our community, took immediate and efficient action to address this need and are now maintaining and growing effective services that make such a positive impact upon our citizens.”

## CareSouth Carolina opens Bishopville Pediatric Dental Office

CareSouth Carolina opened the doors to a new pediatric dental office on Monday, June 24 in Bishopville, becoming the lone dental office in Lee County.

The new office, located at 101 Harris Street, will offer examinations, cleanings, restorative care and extraction services to an area that has been without a dental office for several years.

“We see this as a very high need,” said CareSouth Carolina Dental Program Administrator Taylor Horne. “Every time we have a remote dental team set up at our Bishopville Main medical site, it is always full. With there being no dental office in the county, transportation can be an issue to receive access to care. We are very excited to offer these services to kids that may not be able to get them otherwise.”

With the new Bishopville office, children in Lee County will be able to receive the full scope of care needed in their oral hygiene. Dr. Joshua Hubbard, a Columbia resident, will serve as the dentist at the new location. He graduated from the Medical University of South Carolina (MUSC) with a Doctor of Dental Medicine degree. He has worked for two years at Lockhart Dental and has experience in general dentistry, pediatric dentistry, orthodontics, oral surgery and periodontics.

The location will be open three days a week- Monday, Tuesday and Friday- from 8 a.m. to 5 p.m. and can accept patients up to age 19. To schedule an appointment, please call 866-815-9845.

**FREE**

*Fall*  
**FESTIVAL**  
& **Trunk or Treat**

**SATURDAY, OCTOBER 26**  
**10AM - 12PM**

**GAMES • FOOD • FUN**  
**INFLATABLES • MUSIC**  
**HEALTH INFORMATION & SCREENINGS**

CareSouth Carolina Hartsville Office  
1268 South Fourth Street

In case of rain, event will be held at  
T.B. Thomas Sports Center  
701 West Washington Street Hartsville

careSOUTH  
carolina  
www.caresouth-carolina.com

# Services:

Family Practice  
Pediatrics  
Women's Care  
Behavioral Health Counseling  
Lab  
Radiology/Ultrasound  
Chiropractic Care  
Dental Care  
Family Support Services  
Substance Abuse Prevention Program  
Infectious Diseases Primary Care  
Senior Support Services  
Community Pharmacy

## Convenient Locations

Bennettsville Center  
999 Cheraw Street  
Bennettsville, SC 29512  
843.479.2341

Dillon Center  
207 E. Monroe Street  
Dillon, SC 29536  
843.774.4337

Bennettsville Pediatric Center  
210 W. Main Street  
Bennettsville, SC 29512  
843.479.1200

Hartsville Center  
1268 S. Fourth Street  
Hartsville, SC 29550  
843.332.3422  
843.339.5520 Chiropractic

Bennettsville Women's Center  
1076 Marlboro Way, Suite 1  
Bennettsville, SC 29512  
843.454.2294

Lake View Center  
103 N. Kemper Street  
Lake View, SC 29563  
843.759.2189

Bishopville Center  
545 Sumter Highway  
Bishopville, SC 29010  
803.484.5317

Latta Center  
122 Latimer Street  
Latta, SC 29565  
843.627.6252

Hunt's Family Practice  
106 Hospital Square  
Bishopville, SC 29010  
803.484.5943

McColl Center  
225 S. Main Street  
McColl, SC 29570  
843.523.5751

Bishopville Pediatric Dental  
101 Harris Street  
Bishopville, SC 29010  
866.815.9845

Society Hill Center  
737 S. Main Street  
Society Hill, SC 29593  
843.378.4501

Cheraw Center  
715 S. Doctors Drive Suite E  
Cheraw, SC 29520  
843.537.0961

Public Employee Health  
Services - Lee County  
810 Brown Street, Suite 1  
Bishopville, SC 29010  
803.588-7943

Chesterfield Center  
500 W. Boulevard  
Chesterfield, SC 29709  
843.623.5080

## CSC Community Pharmacy Locations

**HARTSVILLE**  
1268 South Fourth Street  
843.339.5530  
**BENNETTSVILLE**  
999 Cheraw Street  
843.456.7777  
**CHERAW**  
715 S. Doctors Drive, Suite A  
843.865.4080

**LATTA**  
122 Latimer Street  
843.627.6261  
**BISHOPVILLE**  
545 Sumter Highway  
803.588.7960  
**SOCIETY HILL**  
737 S. Main Street  
843.378.4148

## Contact

PO Box 1090  
Hartsville, SC 29551  
Telephone: 843.857.0111  
Fax: 843.857.0150  
Website: [www.caresouth-carolina.com](http://www.caresouth-carolina.com)

## CareSouth Carolina's Myers named "Male of the Year"



Daniels Myers,  
CareSouth  
Carolina, Pee Dee  
Opiate Director

CareSouth Carolina's Daniel Myers was presented the "Male of the Year" award by the Save Our Youth Movement at the organization's Scholarship Gala.

The Save Our Youth Movement was founded by Pee Dee native Marcus McGirt to encourage local youth to stay out of trouble and promote the importance of education.

Myers was selected as the first-ever recipient of the award.

"I don't do things for recognition," Myers said. "I never expected to get anything. I want our community to be the best community it can be and anything I can do to steer it in the right direction, that's my goal. I was totally shocked to hear that somebody thought that way of me and it's without a doubt a great honor."

McGirt said that Myers always looks for ways to put others ahead of himself.

"I have witnessed him feed those who couldn't care less about him, but he knew that he was doing what God has allowed him to do," McGirt said. "He's always doing things that are right not only for himself, but for the folks around him. He is constantly encouraging the youth and everyone around them."

Myers, the Pee Dee Opiate Director, is working to address the growing issues of opioid misuse and overdose in the area. The consortium has three main objectives: Prevention of opiate use disorders, Treatment of opiate and other substance use disorders and Sustained Recovery for people of all ages who are struggling with an opiate use disorder or dependency.

## Welcome Home To Better Health CareSouth Carolina Success Story

Things changed immensely for Shawn Melton back in July of 2018 when he was diagnosed with type 2 diabetes. Melton, who has been coming to CareSouth Carolina for several years, said he was in shock when he received the news.



Shawn Melton, Patient at  
CareSouth Carolina.

"I didn't want to have to deal with that," Melton said. "I talked with my provider and found out a lot about controlling sugar. I knew that meant that I was going to have to cut out things like soft drinks, breads and pasta."

Melton said he began taking Hemoglobin insulin at every meal, along with 20 units of BASAGLAR insulin and a Metformin pill to control his A1c, which was over 300.

He began treatments in July and around August, he no longer was using the Hemoglobin insulin and had dropped the dial on the BASAGLAR insulin to 15 units by September. By November, Melton said he was completely off of it altogether.

"Since then, I've been controlling everything about my sugar and I have started losing weight," Melton said. "The symptoms have reversed and I lost about five pounds per month, around 54 pounds overall. I've been able to eat moderate portions of bread, but mostly stay away from those foods and drink with high sugar. I continue to test my sugar, but haven't had a problem. There's a variety of things you can do."



CareSouth  
Carolina

Website: [www.caresouth-carolina.com](http://www.caresouth-carolina.com)