

# WHAT'S HAPPENING AT CSC!

**Spring Fling**  
**FREE COMMUNITY EVENT**  
**SATURDAY, APRIL 13**  
**10AM - 1PM**  
**GAMES • FOOD • INFLATABLES • MUSIC**  
**HEALTH INFORMATION & SCREENINGS**  
**CareSouth Carolina**  
**1268 South Fourth Street • Hartsville, SC**  
**Egg Hunt starts at 11am.**  
**For more information call 866-498-0399.**

\*In case of rain, event will be held at Hartsville High School Gymnasium West Washington Street Hartsville www.caresouth-carolina.com



# Patient Connect

CareSouth Carolina, serving your local area since 1980.

FEBRUARY 2019

## “CHECK IN VS. CHECK UP”



Regular health exams and screenings can help find problems before they occur and help identify solutions for existing issues. Instead of attending an annual check-up, though, patients are being encouraged to “check-in.”

### The difference?

#### A check-up...

- Implies a laundry list of work to be done, like EKGs, bloodwork and more.
- Isn't tailored to the specific patient and, instead, is focused on completing a list of tasks.

#### A check-in...

- Focuses in on the patient's individual health history
- Allows doctors to use specific screenings and diagnostics based on the patient and what they are most at risk for.

To make a “Check-In” appointment, please call 866-498-0399.

**Welcome to Our Hartsville Center**

To make an appointment, please call 843-332-3422.

Vicky F. Craig, FNP-C, PgD  
 Family Nurse Practitioner

**ACCEPTING NEW PATIENTS**

## February is American Heart Month

Heart disease is the leading cause of death in Americans. As a matter of fact, one in four deaths are caused by heart disease. The good news? Heart disease is largely preventable and can be avoided by living a healthy lifestyle, managing proper nutrition and identifying problems before they start.



### 5 symptoms of heart disease...

- Chest discomfort or pain, which also can be known as “Angina”
- Shortness of breath
- Palpitations (irregular heartbeats)
- Weakness, dizziness or nausea
- Pain that spreads to the arm

### 5 ways to prevent heart disease...

- Control your blood pressure
- Eat a healthy diet
- Exercise regularly
- Limit alcohol, don't smoke
- Manage stress

If you are suffering from any of these symptoms or want more information on how to prevent or treat heart disease, please schedule an appointment by calling 866-498-0399.

### MEDICAL LOCATIONS:

Hartsville • Society Hill • Bennettsville • Bishopville • Cheraw • Chesterfield • Dillon • Lake View • Latta • McColl

### PHARMACY LOCATIONS:

Hartsville • Society Hill • Bennettsville • Bishopville • Cheraw • Latta

To make an appointment, please call 866.498.0399.

[www.caresouth-carolina.com](http://www.caresouth-carolina.com)



# Early Dental Care: The Difference in a Smile

Nineteen percent of children from ages 2 to 19 have untreated dental cavities and nearly half of children ages 2 to 11 have had cavities in their primary teeth, according to the Center for Disease Control and Prevention. February is "National Children's Dental Health Month." The month will celebrate and promote good oral health of children across the nation.



## Here are three things to remember in early dental care:

1. Tooth decay is the most common chronic childhood illness in America.
2. The earlier a child visits the dentist, the less afraid they will be later in life.
3. Outside of brushing your teeth and visiting the dentist, flossing is important. If you go without flossing, you miss cleaning 40 percent of your tooth surface.

CareSouth Carolina's dental office is located at 741 South Main Street in Society Hill, South Carolina. The office is open Monday through Thursday from 8:30 a.m. to 12 p.m. and from 1 p.m. to 6 p.m. For more information or to schedule an appointment, please call 843-378-3000.

## CSC Offering State-of-the-Art Chiropractic Technology

Do you have back, neck or spinal issues?

CareSouth Carolina chiropractic patients have access to a safe, reliable and painless technology that will pinpoint pain and provide information on the best treatment.

Paraspinal Thermal Imaging is a reliable diagnostic test that measures the infrared heat emitted from the body's surface without the use of radiation. The process is unique from other tests in that it displays how the nervous system is functioning.

Dr. Johnathan Davis, chiropractor, joined the CSC team in May of 2015 after more than six years in private practice.



CareSouth Carolina offers chiropractic services in both the Hartsville and Latta centers. To make an appointment in Hartsville, call 843-339-5520 and in Latta, call 843-627-6252.

## The MAT (Medication Assistance Treatment) Program

CareSouth Carolina, in conjunction with Rubicon, ALPHA Behavioral Health Center and Trinity Behavioral Care, will provide Medication Assistance Treatment services (MAT) on-site several times this month with its Freedom ROADS unit.

MAT is the use of FDA-approved medications, in combination with counseling and behavioral health, to provide a "whole-patient" approach to the treatment of substance use disorders.

### The ROADS Team mobile health center will be on-site:

- Tuesdays starting February 26 at Trinity Behavioral Center (1305 N. Main Street, Marion, SC)
- Wednesdays starting February 27 at Rubicon (510 East Carolina Ave, Hartsville SC)
- Thursdays starting February 28 at ALPHA Behavioral Center (1218 East Blvd., Chesterfield, SC)

All times for the unit will be from 8:30 a.m. to 4 p.m.

Should you or a loved one need treatment for Substance Use Disorder, please contact CareSouth Carolina at 866-498-0399 to schedule an appointment.

## CSC Community Pharmacy - Welcome to Everyone!

CSC Community Pharmacy offers services for the entire community, whether you're a patient of CareSouth Carolina or not. CSC Community Pharmacy locations accepts any prescription. Just have your doctor call in the prescription or drop it off at any of our convenient locations in Hartsville, Bennettsville, Bishopville, Society Hill, Latta or Cheraw.

CareSouth Carolina celebrated the opening of our newest pharmacy location in Society Hill with a ribbon cutting in January. The new pharmacy can be reached at 843-378-4148 and is open from 8:30 a.m. to 6 p.m. Monday through Friday.

